

# NEWS LETTER

ISSUE 27 SPRING 2021



Priscilla  
Wakefield  
House

*Nursing Care Home*

[www.pwhnursinghome.co.uk](http://www.pwhnursinghome.co.uk)



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*Dear Family and Friends,*

*As we welcome summer and lifting of restrictions, may we take this time to look forward to new beginnings. I would like to say 'Welcome Back' and 'Thank You'.*

*Your patience as we all navigate this new way of life has meant a lot to us here at Priscilla Wakefield House Nursing Home.*

*We have not stopped enjoying simple pleasures with your loved ones and we will continue to make life as normal for them as we can.*

*As you visit, take a moment to focus on one positive aspect of care that you have seen and comment on this to the team on the unit where you carried out your visit, this boosts the morale of the staff and it aids them in doing better and helps them to continue doing more of the positive things.*

*We would also like your feedback as to how we can create meaningful meetings with you moving forward using some of the resources now at our reach such as Microsoft Teams and Zoom or simply just by picking up the phone and checking in on each other and your loved ones.*

*We have had a really tough year and a half and we are still battling with COVID and effects of COVID and now vaccinations and what support this may lend to us ending COVID eventually, however; we also need your continued support to brighten up the day of your loved ones and to put a smile on not just their faces but the faces of the carers who has stuck with them throughout and done their very best under very challenging and difficult circumstances.*

*I praise you as family and friends for your own resilience and for sticking with the ever-changing guidelines as equally we know this has not been easy on you and your families.*

*We are happy you are able to visit more frequently and soon we are hoping to have open door (as soon as the guidelines allow).*

*If you are a new relative or friend of a resident, we will soon be issuing your fob keys. Reminder that our reception is manned from 8am to 8pm hence you can be let in at these times easily.*

*Once again, thank you for being so supportive of all the initiatives and we look forward to you returning the questionnaires located at reception in the return box so we are able to look at how we continue our communication with you.*

*Kindest regards*

**Sue Ann Nnamani**  
**Registered Manager**

## Catriona's Art Club

Our residents have been inspired to get creative by Catriona who has been leading virtual art sessions. The art club is run through an Intergenerational Project with North Central London Care providers and residents with City and Islington College. We are looking forward to participating in more virtual student led activities.



## ADASS Dance along



We are regular attendees at the weekly Association of Directors of Adult Social Services (ADASS) Singalong which aims to promote dementia awareness, every Friday. On the last Friday of the month there is an extended dance along. We had a great time dancing to the tracks the DJ was spinning. The dance along gave us all that Friday feeling!



# February

## Chiltern Music Therapy



We all look forward to joining Gareth for the Chiltern Music Therapy, Together in Time Singalong, facilitated by Park Theatre on Wednesday mornings. Everyone enjoys seeing each other virtually and joining together in song. We often accompany Gareth's piano playing with percussion instruments and can't resist clapping along and having a dance! There is always lots of smiles and laughter.

## Rempod – Copperfield

We made time for "Digni -tea" on the 1st of February by inviting our residents to enjoy afternoon tea and chat about what Dignity means to them. We also had a poetry recital of Dignity themed poems. Everyone had a lovely time.



## Dignity Action Day

We made time for "Digni -tea" on the 1st of February by inviting our residents to enjoy afternoon tea and chat about what Dignity means to them. We also had a poetry recital of Dignity themed poems. Everyone had a lovely time.



# February

## I Had My Vaccine Because...



In amongst some worries around having the COVID 19 vaccine our team were happy to share their reasons for taking up the opportunity to receive the vaccination. Taking a moment to reflect on this prompted lots of discussion.

## MTO Shahmaghsoudi Donation



We were delighted to receive a generous donation from the MTO team once again. The MTO Environmental team made a wooden trough and filled it with plants and flowers. The trough now takes pride of place in our courtyard where it can be admired by all. We would like to extend heartfelt thanks to MTO Shahmaghsoudi for their generous donation.





# February

## World Read Aloud Day

We celebrated World Read Aloud Day by inviting our residents to take part in Audience Participation Stories. There was lots of laughter as we all became thespians for the afternoon!



## Valentine's Arts & Crafts

We spread the love at PWH by making Valentine Cards to share with others. Everyone had fun unleashing their creativity.



# February

## Valentine's Cake Decorating & Afternoon Tea



We all had fun decorating cupcakes for our Valentine's afternoon tea, there was cream, sprinkles and icing galore. The difficult part was resisting the temptation to sample the cakes until the tea was served!

## Love Is in the Air @ PWH

We embraced the opportunity to share the love at PWH with vibrant fun decorations at reception.



## Chinese New Year

We celebrated Chinese New Year by enjoying some Chinese cuisine and finding out more about the tradition. We also did some Chinese New Year themed colouring, word search and crosswords. There was something to encourage everyone to get involved.





# February

## Pizza Week

Eat your heart out Gino D'Acampo! Our residents enjoyed topping pizzas from a wide selection of colourful, flavoursome ingredients during pizza week. The best bit was tucking into the end products at supper time fresh from the oven.



## Pancake Day

Our residents were spoilt for choice with the wide array of toppings on offer for their pancakes. Whichever they chose, all agreed the pancakes were delicious!



# March

## Thank You Tesco

We would like to say a big **THANK YOU** to TESCO Seven Sisters for their kind donation of continence aids, hand gels/rubs and masks. Thanks also to Tracey, the family member who nominated us, whose loved one was cared for at PWH. It's heart warming to know that we are still in her thoughts.



## St. David's Day

We celebrated St. David's Day enjoying music from the one and only Sir Tom Jones. We also got creative making and colouring images of daffodils, one of the emblems of Wales.





# March

## St. Patrick's Day

A good time was had by all on St. Patrick's Day at PWH. Traditional Irish fare was served alongside a drop of Guinness of course! There was much merriment dancing & enjoying traditional Irish music.



## International Women's Day

On International Women's Day we celebrated iconic female artists. We challenged our residents to match the artist with the song being played. There was lots of fun and laughter as we sang along and had a dance.



# March

## Mother's Day



Our mothers at PWH were inundated with gifts on Mother's Day. Our great kitchen team prepared a luxurious afternoon tea for all and everyone enjoyed reminiscing, sharing treasured memories of their own mothers.

## Leaving Party for Dr Coady

We would like to say a big **Thank You** to Dr Coady, our GP, for his dedication to our residents. As a small gesture of our gratitude, we prepared a leaving party at reception with some food and a lovely cake in the shape of a football, which is his favourite sport. We'll miss you Dr Coady!



## Shivratri - Hindu Festival



We would like to say a big **Thank You** to Dr Coady, our GP, for his dedication to our residents. As a small gesture of our gratitude, we prepared a leaving party at reception with some food and a lovely cake in the shape of a football, which is his favourite sport. We'll miss you Dr Coady!



# March

## Red Nose Day

Our team supported Red Nose Day by donning a red nose and donating to Comic Relief. Sweet treats were available at reception as a thank you. **THANK YOU** to all who got involved and donated to this worthy cause.



## National Day of Reflection

Staff and residents took a moment to reflect together on the past year when the global pandemic hit and how this affected each one of us in particular and the world in general. This was a great opportunity for all to share their thoughts and feelings in a safe space.



# March

## Farewell to Alfred smith

Priscilla Wakefield House was very honoured that Alfred Smith's family chose PWH to be the place from where Alfie would make his last journey. Alfie was our resident on Dorrit unit. Everybody knew Alfie and his wife Jackie who used to visit daily. PWH staff members lined the street to pay their respects and offer condolences.



## 200 Years of Greek Independence Day



To mark the 200 Years of Greek Independence Day at Priscilla Wakefield House, we served Greek food and enjoyed traditional Greek music. Amerissa, wellbeing coordinator for Dorrit, who is Greek herself encouraged others to join her in dance. Everyone enjoyed it!





# April

## Trang's Leaving Party

We would like to say a big **Thank You** to Trang, one of the physiotherapists from the D2A team, who was with us for 6 months and made a difference to both the lives of our residents and of our staff through her professionalism and dedication. At PWH we all wish her every success and happiness in the future.



## Easter Egg Decorating Competition

This Easter we decided to innovate and create our own Easter eggs. Residents and staff got involved for a few days in a mega production to make papier mache Eggs. The final results were amazing! Laxmi, Bed Based Intermediate Care Manager who leads the Therapist Team kindly agreed to judge. Laxmi was very impressed with the entries making it very difficult to choose a winner. In the end it was Congratulations to Nickleby unit for winning first prize for their fantastic collaborative work by residents and staff. Copperfield and Havisham were runners up. Well done to everyone who took part.



# April

## Easter Bonnet Competition

There is no Easter without a bonnet competition. At PWH our residents got creative busily decorating their bonnets for the competition. Congratulations to Sharon on Pickwick unit who won the competition. Her prize was awarded to her by Emily who kindly agreed to judge the competition.



## Happy Easter Time



Although we still have some restrictions around visiting, our residents enjoyed each other's company to make Easter 2021 a special day. We would like to extend sincere thanks to Canaan Church who invited us to join their Easter Sunday Service via Zoom. It was great to see Pastor Omideyi and the Church fellowship who we have missed dearly. We look forward to attending Sunday services more regularly via Zoom. In the afternoon, our residents enjoyed a cinema experience bursting with easter treats and popcorn. The house was filled with laughter and joy.