

# JANUARY 2019 - COPPERFIELD UNIT

Tue. - 1	Wed. - 2	Thu. - 3	Fri. - 4	Sat. - 5	Sun. - 6	Mon. - 7	Tue. - 8	Wed. - 9	Thu. - 10
9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST CLUB AT DICKENS CAFE	9.00 BREAKFAST	9.00 BREAKFAST
	10.30 ONE TO ONE ACTIVITIES MENU	10.30 ONE TO ONE ACTIVITIES MENU	11.00 WALK TO THE CAFE	10.30 ONE TO ONE ACTIVITIES MENU	10.30 ONE TO ONE ACTIVITIES MENU	10.30 ONE TO ONE ACTIVITIES MENU	10.30 ONE TO ONE ACTIVITIES MENU	10.30 ONE TO ONE ACTIVITIES MENU	10.30 ONE TO ONE ACTIVITIES MENU
13.00 LUNCH	13.00 LUNCH	13.00 LUNCH	13.00 LUNCH	13.00 LUNCH	13.00 LUNCH	13.00 LUNCH	13.00 LUNCH	13.00 LUNCH	13.00 LUNCH
2.30 NEW YEAR CELEBRATION ALL UN	2.30 HAPPY BIRTHDAY S.	2.30 EXERCISE WITH SPURS NICKLEBY	5.00 FISH & CHIPS CLUB DICKENS CAFE	2.30 ONE TO ONE ACTIVITIES MENU	2.30 CHILLING IN THE LOUNGE	2.30 OOMPH SESSION AT DORRIT	2.00 PWH SHOP 2.30 GAMES	2.30 BALLOON VOLLEYBALL	2.30 EXERCISE WITH SPURS NICKLEBY
Fri. - 11									
9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST CLUB AT DICKENS CAFE	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST
11.00 WALK TO THE CAFE	10.30 ONE TO ONE ACTIVITIES MENU	10.30 ONE TO ONE ACTIVITIES MENU	10.30 ONE TO ONE ACTIVITIES MENU	10.30 ONE TO ONE ACTIVITIES MENU	10.30 ONE TO ONE ACTIVITIES MENU	11.00 MUSIC FOR RELAXATION WITH JOANA ROMAN'S ROOM	11.00 WALK TO THE CAFE	10.30 ONE TO ONE ACTIVITIES MENU	10.30 ONE TO ONE ACTIVITIES MENU
13.00 LUNCH	13.00 LUNCH	13.00 LUNCH	13.00 LUNCH	13.00 LUNCH	13.00 LUNCH	13.00 LUNCH	13.00 LUNCH	13.00 LUNCH	13.00 LUNCH
2.30 SINGALONG COPPERFIELD	2.30 ONE TO ONE ACTIVITIES MENU	2.30 CHILLING IN THE LOUNGE	2.30 OOMPH SESSION AT HAVISHAM	2.00 PWH SHOP 2.30 GAMES	13.30 COMMUNITY CLEAN UP	2.30 QUIZ BEE DICKENS CAFE	2.30 ARTS & CRAFTS WITH ZAINAB COPPERFIELD	2.30 ONE TO ONE ACTIVITIES MENU	2.30 CANAAN CHURCH SERVICE NICKLEBY
5.00 FISH & CHIPS CLUB DICKENS CAFE					2.30 BALLOON VOLLEYBALL	2.30 EXERCISE WITH SPURS - NICKLEBY	5.00 FISH & CHIPS CLUB DICKENS CAFE		
Mon. - 21	Tue. - 22	Wed. - 23	Thu. - 24	Fri. - 25	Sat. - 26	Sun. - 27	Mon. - 28	Tue. - 29	Wed. - 30
9.00 BREAKFAST	9.00 BREAKFAST CLUB AT DICKENS CAFE	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST
10.30 ONE TO ONE ACTIVITIES MENU	10.30 ONE TO ONE ACTIVITIES MENU	10.30 ONE TO ONE ACTIVITIES MENU	11.00 MUSIC FOR RELAXATION WITH JOANA ROMAN'S ROOM	11.00 WALK TO THE CAFE	10.30 ONE TO ONE ACTIVITIES MENU	10.30 ONE TO ONE ACTIVITIES MENU	10.30 ONE TO ONE ACTIVITIES MENU	9.00 BREAKFAST CLUB AT DICKENS CAFE	10.30 ONE TO ONE ACTIVITIES MENU
13.00 LUNCH	13.00 LUNCH	13.00 LUNCH	13.00 LUNCH	13.00 LUNCH	13.00 LUNCH	13.00 LUNCH	13.00 LUNCH	13.00 LUNCH	13.00 LUNCH
2.30 OOMPH SESSION AT NICKLEBY	2.00 PWH SHOP 2.30 GAMES	2.30 BALLOON VOLLEYBALL	2.30 EXERCISE WITH SPURS NICKLEBY	2.30 SINGALONG HAVISHAM	2.30 ONE TO ONE ACTIVITIES MENU	2.30 CHILLING IN THE LOUNGE	2.00 WELLNESS CAFÉ @ ALLY PALLY	2.00 PWH SHOP 2.30 GAMES	2.30 BALLOON VOLLEYBALL
2.30 FISH & CHIPS CLUB DICKENS CAFE		5.30.00 DINING AROUND THE WORLD INDIAN EVENING		5.00 FISH & CHIPS CLUB DICKENS CAFE			2.30 OOMPH SESSION AT HAVISHAM		
Thu. - 31									
9.00 BREAKFAST									
10.30 PRISCILLA BDAY DICKENS CAFE									
11.00 MUSIC RELAX. ROMAN'S ROOM									
13.00 LUNCH									
2.00 TEA DANCE HIGHBURY DAY CENT.									
2.30 EXERCISE WITH SPURS - NICKLEBY									



## 9 - COPPERFIELD UNIT

Fri. - 1	Sat. - 2	Sun. - 3	Mon. - 4	Tue. - 5	Wed. - 6	Thu. - 7	Fri. - 8	Sat. - 9	Sun. - 10
9.00 BREAKFAST 11.00 WALK TO THE CAFE 1.00 LUNCH 2.30 HAPPY BIRTHDAY DAVID 5.00 FISH & CHIPS CLUB DICKENS CAFE	9.00 BREAKFAST 10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.30 ONE TO ONE ACTIVITIES MENU	9.00 BREAKFAST 10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.30 CHILLING IN THE LOUNGE	9.00 BREAKFAST 10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.30 OOMPH SESSION AT DORRIT	DICKENS CAFE 10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.00 PWH SHOP 2.30 CHINESE NEW YEAR - ARTS & CRAFTS - NICKLEBY	9.00 BREAKFAST 10.30 ONE TO ONE ACTIVITIES MENU 11.00 SARAH & HER KEYBOARD PICKWICK 1.00 LUNCH 2.30 BALLOON VOLLEYBALL	9.00 BREAKFAST 11.00 COFFEE MORNING-CHARLES DICKENS BDAY 11.00 MUSIC RELAX. WITH JOANA GIL ROMAN'S ROOM 1.00 LUNCH 2.30 EXERCISE WITH SPURS - NICKLEBY	9.00 BREAKFAST 11.00 WALK TO THE CAFE 1.00 LUNCH 2.30 SINGALONG COPPERFIELD 5.00 FISH & CHIPS CLUB DICKENS CAFE	9.00 BREAKFAST 10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.30 ONE TO ONE ACTIVITIES MENU	9.00 BREAKFAST 10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.30 CHILLING IN THE LOUNGE
Mon. - 11	Tue. - 12	Wed. - 13	Thu. - 14	Fri. - 15	Sat. - 16	Sun. - 17	Mon. - 18	Tue. - 19	Wed. - 20
9.00 BREAKFAST 10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.30 OOMPH SESSION AT COPPERFIELD	9.00 BREAKFAST CLUB AT DICKENS CAFE 10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.00 PWH SHOP 2.30 GAMES	9.00 BREAKFAST 10.30 ONE TO ONE ACTIVITIES MENU 11.00 SARAH & HER KEYBOARD PICKWICK 1.00 LUNCH 2.30 WORLD RADIO DAY REMINISCENCE NICKLEBY	9.00 BREAKFAST 11.00 MUSIC RELAX. WITH JOANA GIL ROMAN'S ROOM 1.00 LUNCH 2.30 VALENTINE TEA DANCE DORRIT 1	9.00 BREAKFAST 11.00 WALK TO THE CAFE 1.00 LUNCH 2.30 SINGALONG DORRIT 1 5.00 FISH & CHIPS CLUB DICKENS CAFE	9.00 BREAKFAST 10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 3.00 SDA CHURCH NICKLEBY	9.00 BREAKFAST 10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.30 CANAAN CHURCH SERVICE NICKLEBY	9.00 BREAKFAST 10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.30 HARINGEY QUIZ BEE AT THE MEADOW	9.00 BREAKFAST CLUB AT DICKENS CAFE 10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.00 PWH SHOP 2.30 GAMES	9.00 BREAKFAST 10.30 ONE TO ONE ACTIVITIES MENU 11.00 SARAH & HER KEYBOARD PICKWICK 1.00 LUNCH 2.30 BALLOON VOLLEYBALL
Thu. - 21	Fri. - 22	Sat. - 23	Sun. - 24	Mon. - 25	Tue. - 26	Wed. - 27	Thu. - 28		
9.00 BREAKFAST 11.00 MUSIC RELAX. WITH JOANA GIL ROMAN'S ROOM 1.00 LUNCH 2.30 ONE TO ONE ACTIVITIES MENU	9.00 BREAKFAST 11.00 WALK TO THE CAFE 1.00 LUNCH 2.30 SINGALONG NICKLEBY 5.00 FISH & CHIPS CLUB DICKENS CAFE	9.00 BREAKFAST 10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.30 ONE TO ONE ACTIVITIES MENU	9.00 BREAKFAST 10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.30 CHILLING IN THE LOUNGE	9.00 BREAKFAST 10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.00 WELLNESS CAFÉ AT ALLY PALLY 2.30 OOMPH SESSION AT DORRIT	9.00 BREAKFAST CLUB AT DICKENS CAFE 10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.00 PWH SHOP 5.30 DINING AROUND THE WORLD CHINESE EVENING	9.00 BREAKFAST 10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 1.30 COMMUNITY CLEAN UP 2.30 BALLOON VOLLEYBALL	9.00 BREAKFAST 11.00 MUSIC RELAX. WITH JOANA GIL ROMAN'S ROOM 1.00 LUNCH 1.00 TEA DANCE AT IRISH CENTRE 2.30 HAPPY BDAY HELEN		





## APRIL 2019 - COPPERFIELD UNIT

Mon. - 1				Fri. - 5	Sat. - 6	Sun. - 7	Mon. - 8	Tue. - 9	Wed. - 10
9.00 BREAKFAST				FAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST
10.30 ONE TO ONE ACTIVITIES MENU				11.00 WALK TO THE CAFE	10.30 ONE TO ONE ACTIVITIES MENU	10.30 ONE TO ONE ACTIVITIES MENU	10.30 ONE TO ONE ACTIVITIES MENU	9.00 BREAKFAST CLUB AT DICKENS CAFE	10.30 ONE TO ONE ACTIVITIES MENU
1.00 LUNCH	ACTIVITIES MENU	KEYBOARD PICKWICK	1.00 LUNCH	1.00 LUNCH	2.30 LIVE MUSIC NOW PROJECT	1.00 LUNCH	1.00 LUNCH	10.30 ONE TO ONE ACTIVITIES MENU	1.00 LUNCH
2.30 OOMPH SESSION AT COPPERFIELD	2.00 PWH SHOP 2.30 PAMPERING	1.00 LUNCH 2.30 SENSORY SUITCASE DORRIT	2.30 EXERCISE WITH SPURS - NICKLEBY	2.30 HAPPY BDAY MAY	2.30 ONE TO ONE ACTIVITIES MENU	2.30 HAPPY BIRTHDAY ALFRED	2.30 OOMPH SESSION AT DORRIT	1.00 LUNCH	1.30 COMMUNITY CLEAN UP
				5.00 FISH & CHIPS CLUB-DICKENS CAFE				2.00 PWH SHOP 2.30 PAMPERING	2.30 BALLOON VOLLEYBALL
Thu. - 11	Fri. - 12	Sat. - 13	Sun. - 14	Mon. - 15	Tue. - 16	Wed. - 17	Thu. - 18	Fri. - 19	Sat. - 20
9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST
10.30 ONE TO ONE ACTIVITIES MENU	11.00 WALK TO THE CAFE	10.30 ONE TO ONE ACTIVITIES MENU	10.30 ONE TO ONE ACTIVITIES MENU	10.30 ONE TO ONE ACTIVITIES MENU	9.00 BREAKFAST CLUB AT DICKENS CAFE	10.00 TRIP TO CREWS HILL	10.30 ONE TO ONE ACTIVITIES MENU	11,00 GOOD FRIDAY CHURCH SERVICE WITH CANAAN NICKLEBY	10.30 ONE TO ONE ACTIVITIES MENU
1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	10.30 ONE TO ONE ACTIVITIES MENU		1.00 LUNCH	1.00 LUNCH	1.00 LUNCH
2.30 LIVE MUSIC NOW PROJECT DORRIT	2.30 SINGALONG NICKLEBY	2.30 ONE TO ONE ACTIVITIES MENU	2.30 CHILLING IN THE LOUNGE	2.30 OOMPH SESSION AT HAVISHAM	1.00 LUNCH			1.00 LUNCH	2.30 ONE TO ONE ACTIVITIES MENU
2.30 EXERCISE WITH SPURS - NICKLEBY	5.00 FISH & CHIPS CLUB DICKENS CAFE				2.00 PWH SHOP	2.30 HAPPY BDAY JOHN	2.30 EXERCISE WITH SPURS - NICKLEBY	10.30 ONE TO ONE ACTIVITIES MENU	
					5.30 FRENCH NIGHT DICKENS CAFE				
Sun. - 21	Mon. - 22	Tue. - 23	Wed. - 24	Thu. - 25	Fri. - 26	Sat. - 27	Sun. - 28	Mon. - 29	Tue. - 30
9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST
EASTER SUNDAY	10.30 ONE TO ONE ACTIVITIES MENU	9.00 BREAKFAST CLUB AT DICKENS CAFE	10.30 ONE TO ONE ACTIVITIES MENU	10.30 THE AFRICAN QUEEN CROUCH END	11.00 CHALLENGE DEMENTIA QUIZ DICKENS CAFE	10.30 ONE TO ONE ACTIVITIES MENU	10.30 ONE TO ONE ACTIVITIES MENU	10.30 ONE TO ONE ACTIVITIES MENU	9.00 BREAKFAST CLUB AT DICKENS CAFE
1.00 LUNCH	1.00 LUNCH	10.30 ONE TO ONE ACTIVITIES MENU	11.00 SARAH & HER KEYBOARD-PICKWICK	1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	10.30 ONE TO ONE ACTIVITIES MENU
2.30 CHILLING IN THE LOUNGE	2.30 AFTERNOON TEA & QUIZ HAVISHAM	1.00 LUNCH	2.30 HAPPY BDAY	2.30 EXERCISE WITH SPURS - NICKLEBY	2.30 SINGALONG DORRIT	2.30 ONE TO ONE ACTIVITIES MENU	2.30 CHILLING IN THE LOUNGE	2.30 LIVE MUSIC NOW PROJECT DORRIT	1.00 LUNCH
		2.00 PWH SHOP	MARCUS		5.00 FISH & CHIPS CLUB DICKENS CAFE				2.00 PWH SHOP 2.30 PAMPERING
		2.30 ST GEORGE DAY TEA & GAMES COPPERFIELD	2.30 BALLOON VOLLEYBALL						



<b>Wed. - 1</b>				<b>Thurs. - 4</b>		<b>Sun. - 5</b>		<b>Mon. - 6</b>		<b>Tue. - 7</b>		<b>Wed. - 8</b>		<b>Thu. - 9</b>		<b>Fri. - 10</b>					
9.00 BREAKFAST 10.30 ONE TO ONE ACTIVITIES MENU 11.00 SARAH & HER KEYBOARD PICKWICK 1.00 LUNCH 2.30 BALLOON VOLLEYBALL				9.00 BREAKFAST 10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.30 EXERCISE WITH SPURS - NICKLEBY		9.00 BREAKFAST 10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.30 ONE TO ONE ACTIVITIES MENU		9.00 BREAKFAST 10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.30 CHILLING IN THE LOUNGE		9.00 BREAKFAST 10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.00 PWH SHOP 2.30 PAMPERING		9.00 BREAKFAST 10.30 ONE TO ONE ACTIVITIES MENU 11.00 SARAH & HER KEYBOARD PICKWICK 1.00 LUNCH 2.30 BALLOON VOLLEYBALL		9.00 BREAKFAST 11.00 PICNIC TIME MARKFIELD PARK 1.00 LUNCH 2.30 EXERCISE WITH SPURS - NICKLEBY		9.00 BREAKFAST 11.00 WALK TO THE CAFE 1.00 LUNCH 2.30 LIVE MUSIC NOW PROJECT DORRIT 5.00 FISH & CHIPS CLUB-DICKENS CAFE					
DYING MATTERS WEEK																					
<b>Sat. - 11</b>				<b>Sun. - 12</b>		<b>Mon. - 13</b>		<b>Tue. - 14</b>		<b>Wed. - 15</b>		<b>Thu. - 16</b>		<b>Fri. - 17</b>		<b>Sat. - 18</b>		<b>Sun. - 19</b>		<b>Mon. - 20</b>	
9.00 BREAKFAST 10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.30 ONE TO ONE ACTIVITIES MENU				9.00 BREAKFAST 10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.30 CHILLING IN THE LOUNGE		9.00 BREAKFAST 10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.30 OOMPH SESSION AT DORRIT		9.00 BREAKFAST CLUB AT DICKENS CAFE 10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.00 PWH SHOP 5.30 BRAZILIAN NIGHT DICKENS CAFE		9.00 BREAKFAST 11.00 SENSORY SUITCASE ROMAN'S ROOM 11.00 SARAH & HER KEYBOARD PICKWICK 1.00 LUNCH 2.30 BALLOON VOLLEYBALL		9.00 BREAKFAST 10.30 TRIP TO FORTY HALL ENFIELD 1.00 LUNCH 2.30 EXERCISE WITH SPURS - NICKLEBY		9.00 BREAKFAST 11.00 MESSAGES & FACIALS - DORRIT 1.00 LUNCH 2.30 SINGALONG 5.00 FISH & CHIPS CLUB-DICKENS CAFE		9.00 BREAKFAST 10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 3.00 SDA CHURCH NICKLEBY		9.00 BREAKFAST 10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.30 CANAAN CHURCH SERVICE NICKLEBY		9.00 BREAKFAST 10.30 TRIP TO CREWS HILL 1.00 LUNCH 2.30 OOMPH SESSION AT COPPERFIELD	
DEMENTIA ACTION WEEK																					
<b>Tue. - 21</b>		<b>Wed. - 22</b>		<b>Thu. - 23</b>		<b>Fri. - 24</b>		<b>Sat. - 25</b>		<b>Sun. - 26</b>		<b>Mon. - 27</b>		<b>Tue. - 28</b>		<b>Wed. - 29</b>		<b>Thu. - 30</b>			
9.00 BREAKFAST CLUB AT DICKENS CAFE 10.00 DEMENTIA FRIENDLY HARINGEY CELEBRATION EVENT ALLY PALLY 1.00 LUNCH 2.00 PWH SHOP 2.30 PAMPERING		9.00 BREAKFAST 10.30 ONE TO ONE ACTIVITIES MENU 11.00 SARAH & HER KEYBOARD PICKWICK 1.00 LUNCH 2.30 BALLOON VOLLEYBALL		9.00 BREAKFAST 10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.30 EXERCISE WITH SPURS - NICKLEBY		9.00 BREAKFAST 11.00 WALK TO THE CAFE 1.00 LUNCH 2.30 SINGALONG 5.00 FISH & CHIPS CLUB-DICKENS CAFE		9.00 BREAKFAST 10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.30 ONE TO ONE ACTIVITIES MENU		9.00 BREAKFAST 10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.30 CHILLING IN THE LOUNGE		12.00 BANK HOLIDAY   COURTYARD		9.00 BREAKFAST CLUB AT DICKENS CAFE 10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 1.30 COMMUNITY CLEAN UP 2.00 PWH SHOP 2.30 PAMPERING		9.00 BREAKFAST 10.00 HACKNEY CITY FARM 11.00 SARAH & HER KEYBOARD PICKWICK 1.00 LUNCH 2.30 BALLOON VOLLEYBALL		9.00 BREAKFAST 10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.15 HARINGEY QUIZ BEE OSBORNE GROVE 2.30 EXERCISE WITH SPURS - NICKLEBY			
<b>Fri. - 31</b>																					
9.00 BREAKFAST																					
11.00 WALK TO THE CAFE 1.00 LUNCH																					
2.30 SINGALONG																					
5.00 FISH & CHIPS CLUB-DICKENS CAFE																					

## JUNE 2019 - COPPERFIELD UNIT

Sat. - 1	Sun. - 2	Mon. - 3	Tue. - 4	Wed. - 5	Thu. - 6	Fri. - 7	Sat. - 8	Sun. - 9	Mon. - 10
9.00 BREAKFAST  10.30 ONE TO ONE ACTIVITIES MENU  1.00 LUNCH  2.30 HAPPY BIRTHDAY RITA	9.00 BREAKFAST  10.30 ONE TO ONE ACTIVITIES MENU  1.00 LUNCH  2.30 CHILLING IN THE LOUNGE	9.00 BREAKFAST  11.00 ONE TO ONE ACTIVITIES MENU  1.00 LUNCH  2.30 TEA & TALK IN THE LOUNGE	9.00 BREAKFAST CLUB AT DICKENS CAFE 11.00 GAMES IN THE DINING ROOM 1.00 LUNCH  2.00 PWH SHOP 2.30 PAMPERING	9.00 BREAKFAST 10.30 ONE TO ONE ACTIVITIES MENU 11.00 SARAH & HER KEYBOARD PICKWICK 1.00 LUNCH  2.30 FAMILY FORTUNES	9.00 BREAKFAST 10.30 PICNIC AT MARKFIELD PARK   2.30 EXERCISE WITH SPURS NICKLEBY	9.00 BREAKFAST  11.00 DART - AWAY  1.00 LUNCH  2.30 KARAOKE PARTY 5.00 FISH & CHIPS CLUB-DICKENS CAFE	9.00 BREAKFAST  10.30 ONE TO ONE ACTIVITIES MENU  1.00 LUNCH  2.30 QUEEN'S BIRTHDAY	9.00 BREAKFAST  10.30 ONE TO ONE ACTIVITIES MENU  1.00 LUNCH  2.30 CHILLING IN THE LOUNGE	9.00 BREAKFAST  11.00 DESIGN YOUR OWN SANDWICH  1.00 LUNCH  2.30 TEA & TALK IN THE LOUNGE
DIABETES AWARENESS WEEK									
Tue. - 11	Wed. - 12	Thu. - 13	Fri. - 14	Sat. - 15	Sun. - 16	Mon. - 17	Tue. - 18	Wed. - 19	Thu. - 20
9.00 BREAKFAST CLUB AT DICKENS CAFE 11.00 GAMES IN THE DINING ROOM 1.00 LUNCH  2.00 PWH SHOP 2.30 PRISCILLA PICTURES	9.00 BREAKFAST 10.30 ONE TO ONE ACTIVITIES MENU 11.00 SARAH & HER KEYBOARD PICKWICK 1.00 LUNCH  2.30 GAMES IN THE LOUNGE	9.00 BREAKFAST 10.30 CUPCAKE DAY DICKENS CAFÉ   1.00 LUNCH  2.30 EXERCISE WITH SPURS NICKLEBY	9.00 BREAKFAST  11.00 DART - AWAY  1.00 LUNCH  2.30 KARAOKE PARTY 5.00 FISH & CHIPS CLUB-DICKENS CAFE	9.00 BREAKFAST  10.30 ONE TO ONE ACTIVITIES MENU  1.00 LUNCH  2.30 SDA CHURCH NICKLEBY	9.00 BREAKFAST  10.30 HAPPY FATHER'S DAY  1.00 LUNCH  2.30 CHILLING IN THE LOUNGE	9.00 BREAKFAST  11.00 DESIGN YOUR OWN SANDWICH 1.00 LUNCH 2.30 TEA & TALK IN THE LOUNGE 5.30 PORTUGUESE NIGHT DICKENS CAFE	9.00 BREAKFAST CLUB AT DICKENS CAFE 10.30 PICNIC AT FORTY HALL   2.00 PWH SHOP	9.00 BREAKFAST 10.30 ONE TO ONE ACTIVITIES MENU 11.00 SARAH & HER KEYBOARD PICKWICK 1.00 LUNCH  2.30 FAMILY FORTUNES	9.00 BREAKFAST  10.30 COPPERFIELD CONVERSATIONS  1.00 LUNCH  2.30 EXERCISE WITH SPURS NICKLEBY
Fri. - 21	Sat. - 22	Sun. - 23	Mon. - 24	Tue. - 25	Wed. - 26	Thu. - 27	Fri. - 28	Sat. - 29	Sun. - 30
9.00 BREAKFAST  11.00 YOGA ON THE BALCONY 1.00 LUNCH  2.30 KARAOKE PARTY 5.00 FISH & CHIPS CLUB-DICKENS CAFE	9.00 BREAKFAST  10.30 ONE TO ONE ACTIVITIES MENU  1.00 LUNCH  2.30 STOKE NEWINGTON SDA CHURCH - NICKLEBY	9.00 BREAKFAST  10.30 ONE TO ONE ACTIVITIES MENU  1.00 LUNCH  2.30 CANAAN CHURCH NICKLEBY	9.00 BREAKFAST  11.00 DESIGN YOUR OWN SANDWICH  1.00 LUNCH  2.30 WELLNESS CAFE AT ALLY PALLY	9.00 BREAKFAST CLUB AT DICKENS CAFE 11.00 GAMES IN THE DINING ROOM 1.00 LUNCH  2.00 PWH SHOP 2.30 PRISCILLA PICTURES	9.00 BREAKFAST 10.30 ONE TO ONE ACTIVITIES MENU 11.00 SARAH & HER KEYBOARD PICKWICK 1.00 LUNCH 2.30 HAPPY BIRTHDAY YVONNE	9.00 BREAKFAST  10.30 COPPERFIELD CONVERSATIONS  1.00 LUNCH  2.30 EXERCISE WITH SPURS NICKLEBY		9.00 BREAKFAST  10.30 ONE TO ONE ACTIVITIES MENU  1.00 LUNCH  2.30 ONE TO ONE ACTIVITIES MENU	9.00 BREAKFAST  10.30 ONE TO ONE ACTIVITIES MENU  1.00 LUNCH  2.30 CHILLING IN THE LOUNGE



# JULY 2019 - COPPERFIELD UNIT

Mon. - 1	Tue. - 2	Wed. - 3	Thu. - 4	Fri. - 5	Sat. - 6	Sun. - 7	Mon. - 8	Tue. - 9	Wed. - 10
9.00 BREAKFAST  10.30 ONE TO ONE ACTIVITIES MENU  1.00 LUNCH  2.30 DONUTS MAKING	9.00 BREAKFAST CLUB AT DICKENS' CAFÉ 10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.00 PWH SHOP 2.30 PRISCILLA PICTURES	9.00 BREAKFAST  11.00 PICNIC @ ALEXANDRA PALACE	9.00 BREAKFAST  10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.30 BOARD GAMES IN THE LOUNGE	9.00 BREAKFAST  10.30 WALK TO THE CAFÉ WITH TONY 1.00 LUNCH 2.30 NCS VISIT COPPERFIELD 5.00 FISH & CHIPS CLUB-DICKENS CAFE	9.00 BREAKFAST  10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.30 ONE TO ONE ACTIVITIES MENU	9.00 BREAKFAST  10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.30 CHILLING IN THE LOUNGE	9.00 BREAKFAST  10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.30 DONUTS MAKING	9.00 BREAKFAST CLUB AT DICKENS' CAFÉ 10.30 QUIZ @ DICKENS CAFE 1.00 LUNCH 2.00 PWH SHOP 2.30 PRISCILLA PICTURES	9.00 BREAKFAST  10.30 PICNIC @ CLISSOLD PARK
Thu. - 11	Fri. - 12	Sat. - 13	Sun. - 14	Mon. - 15	Tue. - 16	Wed. - 17	Thu. - 18	Fri. - 19	Sat. - 20
9.00 BREAKFAST  10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.30 KARAOKE PARTY	9.00 BREAKFAST  10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.30 SANDWICH DESIGNING 5.00 FISH & CHIPS CLUB-DICKENS CAFE	9.00 BREAKFAST  10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.30 DOMINOS IN THE LOUNGE	9.00 BREAKFAST  10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.30 CHILLING IN THE LOUNGE	9.00 BREAKFAST  10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.30 DONUT MAKING	9.00 BREAKFAST CLUB AT DICKENS CAFE 10.30 QUIZ AT DICKENS CAFE 1.00 LUNCH 2.00 PWH SHOP	9.00 BREAKFAST 11.00 SARAH & HER KEYBOARD PICKWICK 1.00 LUNCH 2.30 TEA & TALK LOUNGE 5.30 AFRICAN NIGHT DICKENS CAFE	9.00 BREAKFAST  11.00 NCS SOCIAL ACTION PROJECT 1.00 LUNCH 2.30 ONE TO ONE ACTIVITIES MENU	9.00 BREAKFAST  10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.30 HAPPY BDAY FREDA 5.00 FISH & CHIPS CLUB-DICKENS CAFE	9.00 BREAKFAST  10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 3.00 SDA CHURCH NICKLEBY
Sun. - 21	Mon. - 22	Tue. - 23	Wed. - 24	Thu. - 25	Sat. - 27	Sun. - 28	Mon. - 29	Tue. - 30	
9.00 BREAKFAST  10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.30 CANAAN CHURCH SERVICE	9.00 BREAKFAST  10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.30 DONUTS MAKING	9.00 BREAKFAST CLUB AT DICKENS CAFE 10.30 QUIZ AT DICKENS CAFÉ 1.00 LUNCH 2.00 PWH SHOP 2.30 PRISCILLA PICTURES	9.00 BREAKFAST  12.00 PWH PRIDE 2019	9.00 BREAKFAST  10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.30 TEA & TALK LOUNGE	9.00 BREAKFAST  10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.30 NCS VISIT NICKLEBY 5.00 FISH & CHIPS CLUB-DICKENS CAFE	9.00 BREAKFAST  10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 3.00 SDA CHURCH COPPERFIELD	9.00 BREAKFAST  10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.30 CHILLING IN THE LOUNGE	9.00 BREAKFAST  10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.30 DONUTS MAKING	9.00 BREAKFAST  10.30 ONE TO ONE ACTIVITIES MENU 1.00 LUNCH 2.00 PWH SHOP 2.30 PRISCILLA PICTURES
Wed. - 31									
9.00 BREAKFAST  TRIP TO SOUTHEND									

