#### JANUARY 2019 - COPPERFIELD UNIT

Tue 1	Wed 2	Thu 3	Fri 4	Sat 5	Sun 6	Mon 7	Tue 8	Wed 9	Thu 10
9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST
							CLUB AT		
	10.30 ONE TO ONE	10.30 ONE TO ONE	11.00 WALK TO	10.30 ONE TO ONE	10.30 ONE TO ONE	10.30 ONE TO ONE	DICKENS CAFE	10.30 ONE TO ONE	10.30 ONE TO ONE
	ACTIVITIES MENU	ACTIVITIES MENU	THE CAFE	ACTIVITIES MENU	ACTIVITIES MENU	ACTIVITIES MENU	10.30 ONE TO ONE	ACTIVITIES MENU	ACTIVITIES MENU
							ACTIVITIES MENU		
13.00 LUNCH	13.00 LUNCH	13.00 LUNCH	13.00 LUNCH	13.00 LUNCH	13.00 LUNCH	13.00 LUNCH	13.00 LUNCH	13.00 LUNCH	13.00 LUNCH
2.30 NEW YEAR	2.30 HAPPY	2.30 EXERCISE WITH	5.00 FISH & CHIPS	2.30 ONE TO ONE	2.30 CHILLING IN	2.30 OOMPH	2.00 PWH SHOP	2.30 BALLOON	2.30 EXERCISE WITH
CELEBRATION	BIRTHDAY	SPURS	CLUB	ACTIVITIES MENU	THE LOUNGE		2.30 GAMES	VOLLEYBALL	SPURS
ALL UN	*	NICKLEBY	DICKENS CAFE			DORRIT			NICKLEBY
Fri 11	NEW YEAR	Sun 13	Mon 14	Tue 15	Wed 16	Thu 17	Fri 18	Sat 19	Sun 20
9.00 BREAKE	019 st	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST
Six * 3/.7)	10 PM 2 * * * * * * * * * * * * * * * * * *			CLUB AT		11.00 MUSIC FOR	11.00 WALK TO		
11.00 WALK	ONE	10.30 ONE TO ONE	10.30 ONE TO ONE	DICKENS CAFE	10.30 ONE TO ONE	RELAXATION	THE CAFE	10.30 ONE TO ONE	10.30 ONE TO ONE
THE C/	MENU	ACTIVITIES MENU	ACTIVITIES MENU	10.30 ONE TO ONE	ACTIVITIES MENU	WITH JOANA	13.00 LUNCH	ACTIVITIES MENU	ACTIVITIES MENU
13.00 LUNCH	27/18			ACTIVITIES MENU		ROMAN'S ROOM	2.30 ARTS & CRAFTS		
2.30 SINGALONG	13.00 LUNCH	13.00 LUNCH	13.00 LUNCH	13.00 LUNCH	13.00 LUNCH	13.00 LUNCH	WITH ZAINAB	13.00 LUNCH	13.00 LUNCH
COPPERFILD					13.30 COMMUNITY	2.30 QUIZ BEE	COPPERFIELD		
5.00 FISH & CHIPS	2.30 ONE TO ONE	2.30 CHILLING IN	2.30 OOMPH	2.00 PWH SHOP	CLEAN UP	DICKENS CAFE	5.00 FISH & CHIPS	2.30 ONE TO ONE	2.30 CANAAN
CLUB	ACTIVITIES MENU	THE LOUNGE	SESSION AT	2.30 GAMES	2.30 BALLOON	2.30 EXERCISE WITH	CLUB	ACTIVITIES MENU	CHURCH SERVICE
DICKENS CAFE			HAVISHAM		VOLLEYBALL	SPURS - NICKLEBY	DICKENS CAFE		NICKLEBY
Mon 21	Tue 22	Wed 23	Thu 24	Fri 25	Sat 26	Sun 27	Mon 28	Tue 29	Wed 30
9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST
	CLUB AT		11.00 MUSIC FOR				10.30 ONE TO ONE	CLUB AT	
10.30 ONE TO ONE	DICKENS CAFE	10.30 ONE TO ONE	RELAXATION	11.00 WALK TO	10.30 ONE TO ONE	10.30 ONE TO ONE	ACTIVITIES MENU	DICKENS CAFE	10.30 ONE TO ONE
ACTIVITIES MENU	10.30 ONE TO ONE	ACTIVITIES MENU	WITH JOANA	THE CAFE	ACTIVITIES MENU	ACTIVITIES MENU	13.00 LUNCH	10.30 ONE TO ONE	ACTIVITIES MENU
	ACTIVITIES MENU	13.00 LUNCH	ROMAN'S ROOM	13.00 LUNCH			2.00 WELLNESS	ACTIVITIES MENU	
13.00 LUNCH	13.00 LUNCH	2.30 BALLOON	13.00 LUNCH	2.30 SINGALONG	13.00 LUNCH	13.00 LUNCH	CAFÉ @	13.00 LUNCH	13.00 LUNCH
		VOLLEYBALL		HAVISHAM			ALLY PALLY		
				5.00 FISH & CHIPS	2.30 ONE TO ONE		2.30 OOMPH	2.00 PWH SHOP	2.30 BALLOON
	2.30 GAMES	AROUND THE WORLD		CLUB	ACTIVITIES MENU	THE LOUNGE	SESSION AT	2.30 GAMES	VOLLEYBALL
NICKLEBY		INDIAN EVENING	NICKLEBY	DICKENS CAFE			HAVISHAM		

Thu. - 31

9.00 BREAKFAST
10.30 PRISCILLA BDAY
DICKENS CAFE
11.00 MUSIC RELAX.
ROMAN'S ROOM
13.00 LUNCH
2.00 TEA DANCE
HIGHBURY DAY CENT.
2.30 EXERCISE WITH
SPURS - NICKLEBY

9 - COPPERFIELD UNI			V	N	U	1	D			E	ď	H	R	E	P	P	0	C	_	9	
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			Jalentini								
Fri 1	Sat 2	Sun 3	Day		Wed 6	Thu 7	Fri 8	Sat 9	Sun 10		
9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKF			9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST		
11.00 WALK TO			1.00		10.30 ONE TO ONE	11.00 COFFEE					
THE CAFE	10.30 ONE TO ONE	10.30 ONE TO ONE	TO'30 ONE IO ONE	DICKENS CAFE	ACTIVITIES MENU	MORNING-CHARLES	11.00 WALK TO	10.30 ONE TO ONE	10.30 ONE TO ONE		
1.00 LUNCH	ACTIVITIES MENU	ACTIVITIES MENU	ACTIVITIES MENU	10.30 ONE TO ONE	11.00 SARAH & HER	DICKENS BDAY	THE CAFE	ACTIVITIES MENU	ACTIVITIES MENU		
2.30 HAPPY				ACTIVITIES MENU	KEYBOARD	11.00 MUSIC RELAX.	1.00 LUNCH				
BIRTHDAY	1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	PICKWICK	WITH JOANA GIL	2.30 SINGALONG	1.00 LUNCH	1.00 LUNCH		
DAVID				2.00 PWH SHOP	1.00 LUNCH	ROMAN'S ROOM	COPPERFILD				
5.00 FISH & CHIPS	2.30 ONE TO ONE	2.30 CHILLING IN	2.30 OOMPH	2.30 CHINESE NEW		1.00 LUNCH	5.00 FISH & CHIPS	2.30 ONE TO ONE	2.30 CHILLING IN		
CLUB DICKENS CAFE	ACTIVITIES MENU	THE LOUNGE		YEAR - ARTS &	2.30 BALLOON	2.30 EXERCISE WITH	CLUB	ACTIVITIES MENU	THE LOUNGE		
			DORRIT	CRAFTS - NICKLEBY	VOLLEYBALL	SPURS - NICKLEBY	DICKENS CAFE				
Mon 11	Tue 12	Wed 13	Thu 14	Fri 15	Sat 16	Sun 17	Mon 18	Tue 19	Wed 20		
9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST		
	CLUB AT	10.30 ONE TO ONE						CLUB AT	10.30 ONE TO ONE		
10.30 ONE TO ONE	DICKENS CAFE	ACTIVITIES MENU	11.00 MUSIC RELAX.	11.00 WALK TO	10.30 ONE TO ONE	10.30 ONE TO ONE	10.30 ONE TO ONE	DICKENS CAFE	ACTIVITIES MENU		
ACTIVITIES MENU	10.30 ONE TO ONE	11.00 SARAH & HER	WITH JOANA GIL	THE CAFE	ACTIVITIES MENU	ACTIVITIES MENU	ACTIVITIES MENU	10.30 ONE TO ONE	11.00 SARAH & HER		
	ACTIVITIES MENU	KEYBOARD	ROMAN'S ROOM	1.00 LUNCH				ACTIVITIES MENU	KEYBOARD		
1.00 LUNCH	1.00 LUNCH	PICKWICK	1.00 LUNCH	2.30 SINGALONG	1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	PICKWICK		
		1.00 LUNCH		DORRIT 1					1.00 LUNCH		
	2.00 PWH SHOP	2.30 WORLD RADIO	2.30 VALENTINE TEA	5.00 FISH & CHIPS	3.00 SDA CHURCH	2.30 CANAAN		2.00 PWH SHOP			
	2.30 GAMES	DAY REMINISCENSE	DANCE	CLUB	NICKLEBY	CHURCH SERVICE	BEE AT	2.30 GAMES	2.30 BALLOON		
COPPERFIELD		NICKLEBY	DORRIT 1	DICKENS CAFE		NICKLEBY	THE MEADOW		VOLLEYBALL		
Thu 21	Fri 22	Sat 23	Sun 24	Mon 25	Tue 26	Wed 27	Thu 28				
9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	]			
					CLUB AT						
11.00 MUSIC RELAX.	11.00 WALK TO	10.30 ONE TO ONE	10.30 ONE TO ONE	10.30 ONE TO ONE	DICKENS CAFE	10.30 ONE TO ONE	11.00 MUSIC RELAX.				
WITH JOANA GIL	THE CAFE	ACTIVITIES MENU	ACTIVITIES MENU	ACTIVITIES MENU	10.30 ONE TO ONE	ACTIVITIES MENU	WITH JOANA GIL				
ROMAN'S ROOM	1.00 LUNCH			1.00 LUNCH	ACTIVITIES MENU	1.00 LUNCH	ROMAN'S ROOM				

AROUND THE WORLD

**CHINESE EVENING** 

1.00 LUNCH

5.30 DINING

CAFÉ AT ALLY PALLY 2.00 PWH SHOP

AT IRISH CENTRE

HELEN

1.00 LUNCH

1.00 TEA DANCE

2.30 HAPPY BDAY

1.30 COMMUNITY

2.30 BALLOON

**CLEAN UP** 

VOLLEYBALL

2.30 OOMPH

2.00 WELLNESS

SESSION AT

**DORRIT** 

**ACTIVITIES MENU** 

2.30 ONE TO ONE

2.30 SINGALONG

5.00 FISH & CHIPS

**NICKLEBY** 

CLUB

**DICKENS CAFE** 

1.00 LUNCH

2.30 ONE TO ONE

**ACTIVITIES MENU** 

1.00 LUNCH

2.30 CHILLING IN

THE LOUNGE

1.00 LUNCH

# M. 42019 PERFIELD UNIT

Fri 1 🌞 🎎	5at	Sun 3	Mon. 44.	iue	Wed 6	Thu 7	Fri 8	Sat 9	Sun 10
9.00 BREAKFAST		9. BREAKFAST	9.00 BREAKFA	9.00 B AST	00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST
11.00 WALK TO				AT	30 ONE TO ONE	11.00 MUSIC RELAX.	11.00 FOLKSY		
THE CAFE	10.3	10.30 ONE TO ONE	10.30 ONE TO ONE		ACTIVITIES MENU	WITH JOANA GIL	THEATRE	10.30 ONE TO ONE	10.30 ONE TO ONE
1.00 LUNCH	ACTIVITIES MENU	ACTIVITIES MENU	ACTIVITIES MENU	10.30 ONE TO ONE	11.00 SARAH & HER	ROMAN'S ROOM	HAVISHAM	ACTIVITIES MENU	ACTIVITIES MENU
2.30 ST DAVID'S				ACTIVITIES MENU	KEYBOARD	1.00 LUNCH	1.00 LUNCH		
DAY	1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	PICKWICK	2.30 EXERCISE WITH	2.30 HAPPY BDAY	1.00 LUNCH	1.00 LUNCH
OOMPH SESSION					1.00 LUNCH	SPURS - NICKLEBY	TERESA		
DORRIT 1	2.30 ONE TO ONE	2.30 CHILLING IN	2.30 OOMPH	2.00 PWH SHOP		3.00 WORLD BOOK	5.00 FISH & CHIPS	2.30 ONE TO ONE	2.30 CHILLING IN
5.00 FISH & CHIPS	ACTIVITIES MENU	THE LOUNGE	SESSION AT	3.00 PANCAKE DAY	2.30 BALLOON	CELEBRATION	CLUB	ACTIVITIES MENU	THE LOUNGE
CLUB DICKENS CAFE			COPPERFIELD	DICKENS CAFE	VOLLEYBALL	DICKENS CAFÉ	DICKENS CAFE		
Mon 11	Tue 12	Wed 13	Thu 14	Fri 15	Sat 16	Sun 17	Mon 18	Tue 19	Wed 20
9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST
	CLUB AT	11.00 SARAH & HER	11.00 MUSIC RELAX.	11.00 RED NOSE DAY		10.30 ONE TO ONE		CLUB AT	10.30 ONE TO ONE
10.30 ONE TO ONE	DICKENS CAFE	KEYBOARD	WITH JOANA GIL	COFFEE MORNING	10.30 ONE TO ONE	ACTIVITIES MENU	10.30 ONE TO ONE	DICKENS CAFE	ACTIVITIES MENU
ACTIVITIES MENU	10.30 ONE TO ONE	PICKWICK	ROMAN'S ROOM	DICKENS CAFE	ACTIVITIES MENU	1.00 LUNCH	ACTIVITIES MENU	10.30 ONE TO ONE	11.00 SARAH & HER
	ACTIVITIES MENU	1.00 LUNCH	1.00 LUNCH	1.00 LUNCH		2.30 HAPPY BDAY		ACTIVITIES MENU	KEYBOARD
1.00 LUNCH	1.00 LUNCH	2.30 HAPPY BDAY	1.30 IRISH CENTRE	2.30 SINGALONG	1.00 LUNCH	PATRICK	1.00 LUNCH	1.00 LUNCH	PICKWICK
3.00 AROUND THE	2.00 PWH SHOP	VIOLET	3.00 WORLD TEA	DORRIT 1		2.30 CONCERT WITH		2.00 PWH SHOP	1.00 LUNCH
WORLD FOOD	2.30 JUICE PONG	6.30 RECORDER &	DICKENS CAFÉ	5.00 FISH & CHIPS	3.00 SDA CHURCH	JOANA & CANAAN	2.30 OOMPH	5.30 JAMAICAN	
TASTING	TOURNAMENT	HARPSICHORD DUO	2.30 HAPPY BDAY	CLUB	NICKLEBY	CHURCH	SESSION AT	NIGHT	2.30 BALLOON
ALL UNITS	NICKLEBY	ROMAN'S ROOM	ANTHONY	DICKENS CAFE		ROMAN'S ROOM	COPPERFIELD	DICKENS CAFE	VOLLEYBALL
Thu 21	Fri 22	Sat 23	Sun 24	Mon 25	Tue 26	Wed 27	Thu 28	Fri 29	Sat 30
9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST
11.00 MUSIC RELAX.					CLUB AT	10.30 ONE TO ONE	11.00 MUSIC RELAX.	11.00 WEAR A HAT	
WITH JOANA GIL	11.00 WALK TO	10.30 ONE TO ONE	10.30 ONE TO ONE	10.30 ONE TO ONE	DICKENS CAFE	ACTIVITIES MENU	WITH JOANA GIL	DAY - COMPETITION	10.30 ONE TO ONE
ROMAN'S ROOM	THE CAFE	ACTIVITIES MENU	ACTIVITIES MENU	ACTIVITIES MENU	10.30 ONE TO ONE	11.00 SARAH & HER	ROMAN'S ROOM	DORRIT 1	ACTIVITIES MENU
1.00 LUNCH	1.00 LUNCH			1.00 LUNCH	ACTIVITIES MENU	KEYBOARD	1.00 LUNCH	1.00 LUNCH	
	2.30 SINGALONG	1.00 LUNCH	1.00 LUNCH	2.00 WELLNESS	1.00 LUNCH	PICKWICK		2.30 SINGALONG	1.00 LUNCH
2.30 EXERCISE WITH	NICKLEBY			CAFÉ AT ALLY PALLY	2.00 PWH SHOP	1.00 LUNCH	1.30 TEA DANCE	DORRIT 1	
SPURS - NICKLEBY	5.00 FISH & CHIPS	2.30 SDA CHURCH	2.30 HAPPY	2.30 OOMPH			AT IRISH CENTRE	5.00 FISH & CHIPS	2.30 ONE TO ONE
	CLUB	COPPERFIELD	BIRTHDAY	SESSION AT	2.30 PAMPERING	2.30 BALLOON	2.30 EXERCISE WITH	CLUB	ACTIVITIES MENU
	DICKENS CAFE		ERNEST	DORRIT	ALL UNITS	VOLLEYBALL	SPURS - NICKLEBY	DICKENS CAFE	

Sun. - 31

9.00 BREAKFAST

10.30 ONE TO ONE ACTIVITIES MENU

1.00 LUNCH

3.00 MOTHERING SUNDAY HIGH TEA DICKENS CAFÉ

## PRIL 2019 - COPPERFIELD UNIT

Mon 1				Evi E	Cat C	Cup 7	Mon 0	Tuo 0	Wod 10
Mon 1	CONTRACTOR OF THE PARTY OF THE		0	Fri 5	Sat 6	Sun 7	Mon 8	Tue 9	Wed 10
9.00 BREAKFAST			FAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST
			11 18	11.00 WALK TO				CLUB AT	
10.30 ONE TO ONE			TO ONE	THE CAFE	10.30 ONE TO ONE	10.30 ONE TO ONE	10.30 ONE TO ONE	DICKENS CAFE	10.30 ONE TO ONE
ACTIVITIES MENU			ES MEN	U 1.00 LUNCH	ACTIVITIES MENU	ACTIVITIES MENU	ACTIVITIES MENU	10.30 ONE TO ONE	ACTIVITIES MENU
	ACTIVITIES MENU	KEYBOARD		2.30 LIVE MUSIC				ACTIVITIES MENU	1.00 LUNCH
1.00 LUNCH	1.00 LUNCH	PICKWICK	1.00 LUNCH	NOW PROJECT	1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	1.30 COMMUNITY
		1.00 LUNCH		2.30 HAPPY BDAY					CLEAN UP
2.30 OOMPH	2.00 PWH SHOP	2.30 SENSORY	2.30 EXERCISE WIT		2.30 ONE TO ONE	2.30 HAPPY	2.30 OOMPH	2.00 PWH SHOP	
SESSION AT	2.30 PAMPERING	SUITCASE	SPURS - NICKLE	5.00 FISH & CHIPS	ACTIVITIES MENU	BIRTHDAY	SESSION AT	2.30 PAMPERING	2.30 BALLOON
COPPERFIELD		DORRIT		CLUB-DICKENS CAFE		ALFRED	DORRIT		VOLLEYBALL
Thu 11	Fri 12	Sat 13	Sun 14	Mon 15	Tue 16	Wed 17	Thu 18	Fri 19	Sat 20
9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST
					CLUB AT	10.00 TRIP			
10.30 ONE TO ONE	11.00 WALK TO	10.30 ONE TO ONE	10.30 ONE TO ONE	10.30 ONE TO ONE	DICKENS CAFE	TO CREWS HILL	10.30 ONE TO ONE	11,00 GOOD FRIDAY	10.30 ONE TO ONE
ACTIVITIES MENU	THE CAFE	ACTIVITIES MENU	ACTIVITIES MEN	IU ACTIVITIES MENU	10.30 ONE TO ONE		ACTIVITIES MENU	CHURCH SERVICE	ACTIVITIES MENU
1.00 LUNCH	1.00 LUNCH				ACTIVITIES MENU			WITH CANAAN	
2.30 LIVE MUSIC	2.30 SINGALONG	1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	1.00 LUNCH		1.00 LUNCH	NICKLEBY	1.00 LUNCH
NOW PROJECT	NICKLEBY				2.00 PWH SHOP			1.00 LUNCH	
DORRIT	5.00 FISH & CHIPS	2.30 ONE TO ONE	2.30 CHILLING IN	2.30 OOMPH	5.30 FRENCH		2.30 EXERCISE WITH	10.30 ONE TO ONE	2.30 ONE TO ONE
2.30 EXERCISE WITH	CLUB	ACTIVITIES MENU	THE LOUNGE	SESSION AT	NIGHT	2.30 HAPPY BDAY	SPURS - NICKLEBY	ACTIVITIES MENU	ACTIVITIES MENU
SPURS - NICKLEBY	DICKENS CAFE			HAVISHAM	DICKENS CAFE	JOHN			
Sun 21	Mon 22	Tue 23	Wed 24	Thu 25	Fri 26	Sat 27	Sun 28	Mon 29	Tue 30
9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST
		CLUB AT	10.30 ONE TO ONE		11.00 CHALLENGE				CLUB AT
EASTER	10.30 ONE TO ONE	DICKENS CAFE	ACTIVITIES MEN	IU 10.30 THE AFRICAN	DEMENTIA QUIZ	10.30 ONE TO ONE	10.30 ONE TO ONE	10.30 ONE TO ONE	DICKENS CAFE
SUNDAY	ACTIVITIES MENU	10.30 ONE TO ONE	11.00 SARAH & HE	R QUEEN	DICKENS CAFE	ACTIVITIES MENU	ACTIVITIES MENU	ACTIVITIES MENU	10.30 ONE TO ONE
		ACTIVITIES MENU	KEYBOARD-PICKV	/ICK CROUCH END	1.00 LUNCH				ACTIVITIES MENU
1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	2.30 SINGALONG	1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	1.00 LUNCH
		2.00 PWH SHOP	2.30 HAPPY BDAY		DORRIT				
2.30 CHILLING IN	2.30 AFTERNOON	2.30 ST GEORGE DAY	MARCUS	2.30 EXERCISE WITH	5.00 FISH & CHIPS	2.30 ONE TO ONE	2.30 CHILLING IN	2.30 LIVE MUSIC	2.00 PWH SHOP
THE LOUNGE	TEA & QUIZ	TEA & GAMES	2.30 BALLOON	SPURS - NICKLEBY	CLUB	ACTIVITIES MENU	THE LOUNGE	NOW PROJECT	2.30 PAMPERING
	HAVISHAM	COPPERFIELD	VOLLEYBALL		DICKENS CAFE			DORRIT	

MAY 2019 - COPPERFIELD UNIT										
MAT 2019 - COLLENTEED ONLY										
Wed 1   Mon 6   Tue 7   Wed 8	Thu 9	Fri 10								
9.00 BREAKFAST 9.00 BREAKFAST 9.00 BREAKFAST 9.00 BREAKFAST 9.00 BREAKFAST 9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST								
10.30 ONE TO ONE  CLUB AT 10.30 ONE TO O	IE .									
ACTIVITIES MENU O ONE TO ONE 10.30 ONE TO ONE DICKENS CAFE ACTIVITIES MI	NU 11.00 PICNIC TIME	11.00 WALK TO								
11.00 SARAH & HER MANOR HOUSE COPPERFIELD ACTIVITIES MENU ACTIVITIES MENU ACTIVITIES MENU 10.30 ONE TO ONE 11.00 SARAH & I	IER MARKFIELD PARK	THE CAFE								
KEYBOARD 1.00 LUNCH ACTIVITIES MENU KEYBOARD		1.00 LUNCH								
PICKWICK 1.00 LUNCH 1.00 LUNCH 1.00 LUNCH 1.00 LUNCH 1.00 LUNCH PICKWICK	1.00 LUNCH	2.30 LIVE MUSIC								
1.00 LUNCH 2.30 SINGALONG 1.00 LUNCH		NOW PROJECT								
2.30 EXERCISE WITH 2.30 ONE TO ONE 2.30 CHILLING IN 2.30 OOMPH 2.00 PWH SHOP	2.30 EXERCISE WITH	DORRIT								
2.30 BALLOON SPURS - NICKLEBY 5.00 FISH & CHIPS ACTIVITIES MENU THE LOUNGE SESSION AT 2.30 PAMPERING 2.30 BALLOON	SPURS - NICKLEBY	5.00 FISH & CHIPS								
VOLLEYBALL CLUB-DICKENS CAFE COPPERFIELD VOLLEYBAL	L	CLUB-DICKENS CAFE								
DYING MATTERS WEEK										
Sat 11 Sun 12 Mon 13 Tue 14 Wed 15 Thu 16 Fri 17 Sat 18	Sun 19	Mon 20								
9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST								
CLUB AT 11.00 SENSORY 10,30 TRIP TO										
10.30 ONE TO ONE 10.30 ONE TO ONE 10.30 ONE TO ONE DICKENS CAFE SUITCASE FORTY HALL 11.00 MASSAGES & 10.30 ONE TO O	IE 10.30 ONE TO ONE	10.30 TRIP TO								
ACTIVITIES MENU ACTIVITIES MENU ACTIVITIES MENU 10.30 ONE TO ONE ROMAN'S ROOM ENFIELD FACIALS - DORRIT ACTIVITIES MI	NU ACTIVITIES MENU	CREWS HILL								
ACTIVITIES MENU 11.00 SARAH & HER										
1.00 LUNCH	1.00 LUNCH	1.00 LUNCH								
2.00 PWH SHOP PICKWICK 2.30 SINGALONG										
2.30 ONE TO ONE 2.30 CHILLING IN 2.30 OOMPH 5.30 BRAZILIAN 1.00 LUNCH 2.30 EXERCISE WITH 3.00 SDA CHURC		2.30 OOMPH								
ACTIVITIES MENU THE LOUNGE SESSION AT NIGHT 2.30 BALLOON SPURS - NICKLEBY 5.00 FISH & CHIPS NICKLEBY	CHURCH SERVICE	SESSION AT								
DORRIT DICKENS CAFE VOLLEYBALL CLUB-DICKENS CAFE	NICKLEBY	COPPERFIELD								
DEMENTIA ACTION WEEK										
Tue 21   Wed 22   Thu 23   Fri 24   Sat 25   Sun 26   Mon 27   Tue 28	Wed 29	Thu 30								
9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST								
CLUB AT 10.30 ONE TO ONE 11.00 WALK TO 12.00 BANK CLUB AT	10.00 HACKNEY									
DICKENS CAFE ACTIVITIES MENU 10.30 ONE TO ONE THE CAFE 10.30 ONE TO ONE 10.30 ONE TO ONE HOLIDAY DICKENS CA		10.30 ONE TO ONE								
10.00 DEMENTIA 11.00 SARAH & HER ACTIVITIES MENU ACTIVITIES MENU ACTIVITIES MENU 10.30 ONE TO O	IE 11.00 SARAH & HER	ACTIVITIES MENU								
FRIENDLY HARINGEY KEYBOARD 1.00 LUNCH ACTIVITIES MI		1.00 LUNCH								
CELEBRATION EVENT PICKWICK 1.00 LUNCH 1.00 LUNCH 1.00 LUNCH 1.00 LUNCH	PICKWICK	2.15 HARINGEY								
ALLY PALLY 1.00 LUNCH 2.30 SINGALONG COURTYARD 1.30 COMMUNIT	Y 1.00 LUNCH	QUIZ BEE								
1.00 LUNCH 2.30 EXERCISE WITH 2.30 ONE TO ONE 2.30 CHILLING IN CLEAN UP		OSBORNE GROVE								
2.00 PWH SHOP 2.30 BALLOON SPURS - NICKLEBY 5.00 FISH & CHIPS ACTIVITIES MENU THE LOUNGE 2.00 PWH SHOP	2.30 BALLOON	2.30 EXERCISE WITH								
2.30 PAMPERING VOLLEYBALL CLUB-DICKENS CAFE 2.30 PAMPERING 2.30 PAMPERING	VOLLEYBALL	SPURS - NICKLEBY								

#### Fri. - 31

9.00 BREAKFAST

11.00 WALK TO THE CAFE 1.00 LUNCH

2.30 SINGALONG

5.00 FISH & CHIPS CLUB-DICKENS CAFE

#### JUNE 2019 - COPPERFIELD UNIT

Sat 1	Sun 2	Mon 3	Tue 4	Wed 5	Thu 6	Fri 7	Sat 8	Sun 9	Mon 10
9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST
			CLUB AT	10.30 ONE TO ONE	10.30 PICNIC AT				
10.30 ONE TO ONE	10.30 ONE TO ONE	11:00 ONE TO ONE	DICKENS CAFE	ACTIVITIES MENU	MARKFIELD PARK	11.00 DART - AWAY	10.30 ONE TO ONE	10.30 ONE TO ONE	11.00 DESIGN YOUR
<b>ACTIVITIES MENU</b>	ACTIVITIES MENU	ACTIVITIES MENU	11.00 GAMES IN	11.00 SARAH & HER			ACTIVITIES MENU	ACTIVITIES MENU	OWN SANDWICH
			THE DINING ROOM	KEYBOARD		1.00 LUNCH			
1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	PICKWICK			1.00 LUNCH	1.00 LUNCH	1.00 LUNCH
				1.00 LUNCH		2.30 KARAOKE			
2.30 HAPPY	2.30 CHILLING IN	2.30 TEA & TALK	2.00 PWH SHOP		2.30 EXERCISE WITH	PARTY		2.30 CHILLING IN	2.30 TEA & TALK
BIRTHDAY	THE LOUNGE	IN THE LOUNGE	2.30 PAMPERING	2.30 FAMILY	SPURS	5.00 FISH & CHIPS	2.30 QUEEN'S	THE LOUNGE	IN THE LOUNGE
RITA				FORTUNES	NICKLEBY	CLUB-DICKENS CAFE	BIRTHDAY		
		DIABETES AW	ARENESS WEEK						
Tue 11	Wed 12	Thu 13	Fri 14	Sat 15	Sun 16	Mon 17	Tue 18	Wed 19	Thu 20
9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST
CLUB AT	10.30 ONE TO ONE	10.30 CUPCAKE DAY					CLUB AT	10.30 ONE TO ONE	
DICKENS CAFE	ACTIVITIES MENU	DICKENS CAFÉ	11.00 DART - AWAY	10.30 ONE TO ONE	10.30 HAPPY	11.00 DESIGN YOUR	DICKENS CAFE	ACTIVITIES MENU	10.30 COPPERFIELD
11.00 GAMES IN	11.00 SARAH & HER			ACTIVITIES MENU	FATHER'S DAY	OWN SANDWICH	10.30 PICNIC AT	11.00 SARAH & HER	CONVERSATIONS
THE DINING ROOM	KEYBOARD		1.00 LUNCH			1.00 LUNCH	FORTY HALL	KEYBOARD	
1.00 LUNCH	PICKWICK			1.00 LUNCH	1.00 LUNCH	2.30 TEA & TALK		PICKWICK	1.00 LUNCH
	1.00 LUNCH	1.00 LUNCH	2.30 KARAOKE			IN THE LOUNGE		1.00 LUNCH	
2.00 PWH SHOP		2.30 EXERCISE WITH	PARTY	2.30 SDA CHURCH	2.30 CHILLING IN	5.30 PORTUGUESE			2.30 EXERCISE WITH
2.30 PRISCILLA	2.30 GAMES IN THE	SPURS	5.00 FISH & CHIPS	NICKLEBY	THE LOUNGE	NIGHT		2.30 FAMILY	SPURS
PICTURES	LOUNGE	NICKLEBY	CLUB-DICKENS CAFE			DICKENS CAFE	2.00 PWH SHOP	FORTUNES	NICKLEBY
Fri 21	Sat 22	Sun 23	Mon 24	Tue 25	Wed 26	Thu 27	Fri 28	Sat 29	Sun 30
9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST		9.00 BREAKFAST	9.00 BREAKFAST
				CLUB AT	10.30 ONE TO ONE				
11.00 YOGA ON	10.30 ONE TO ONE	10.30 ONE TO ONE	11.00 DESIGN YOUR	DICKENS CAFE	ACTIVITIES MENU	10.30 COPPERFIELD		10.30 ONE TO ONE	10.30 ONE TO ONE
THE BALCONY	ACTIVITIES MENU	ACTIVITIES MENU	OWN SANDWICH	11.00 GAMES IN	11.00 SARAH & HER	CONVERSATIONS		ACTIVITIES MENU	ACTIVITIES MENU
1.00 LUNCH				THE DINING ROOM	KEYBOARD				
	1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	PICKWICK	1.00 LUNCH		1.00 LUNCH	1.00 LUNCH
2.30 KARAOKE					1.00 LUNCH				
PARTY	2.30 STOKE	2.30 CANAAN	2.30 WELLNESS	2.00 PWH SHOP	2.30 HAPPY	2.30 EXERCISE WITH		2.30 ONE TO ONE	2.30 CHILLING IN
5.00 FISH & CHIPS	NEWINGTON SDA	CHURCH	CAFE AT	2.30 PRISCILLA	BIRTHDAY	SPURS		ACTIVITIES MENU	THE LOUNGE
<b>CLUB-DICKENS CAFE</b>	CHURCH - NICKLEBY	NICKLEBY	ALLY PALLY	PICTURES	YVONNE	NICKLEBY			

## JULY 2019 - COPPERFIELD UNIT

Mon 1	Tue 2	Wed 3	Thu 4	Fri 5	Sat 6	Sun 7	Mon 8	Tue 9	Wed 10
9.00 BREAKFAST	9.00 BREAKFAST CLUB AT	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST CLUB AT	9.00 BREAKFAST
10.30 ONE TO ONE	DICKENS' CAFÉ	11.00 PICNIC @	10.30 ONE TO ONE	10.30 WALK TO THE	10.30 ONE TO ONE	10.30 ONE TO ONE	10.30 ONE TO ONE		10.30 PICNIC @
ACTIVITIES MENU	10.30 ONE TO ONE	ALEXANDRA	ACTIVITIES MENU	CAFÉ WITH TONY					CLISSOLD PARK
ACTIVITIES IVIENU	ACTIVITIES MENU	PALACE	ACTIVITIES IVIENU	CAFE WITH TONY	ACTIVITIES MENU	ACTIVITIES MENU	ACTIVITIES MENU	10.30 QUIZ @ DICKENS CAFE	CLISSOLD PARK
4.00.11181611		PALACE	4 00 11111011	4 00 11111011	4.00.11111011	4.00.11111611	4.00.11111611		
1.00 LUNCH	1.00 LUNCH		1.00 LUNCH	1.00 LUNCH 2.30 NCS VISIT	1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	
2.30 DONUTS	2.00 PWH SHOP		2.30 BOARD	COPPERFIELD	2.30 ONE TO ONE	2.30 CHILLING IN	2.30 DONUTS	2.00 PWH SHOP	
MAKING	2.30 PRISCILLA		GAMES IN THE	5.00 FISH & CHIPS	ACTIVITIES MENU	THE LOUNGE	MAKING	2.30 PRISCILLA	
	PICTURES		LOUNGE	CLUB-DICKENS CAFE				PICTURES	
Thu 11	Fri 12	Sat 13	Sun 14	Mon 15	Tue 16	Wed 17	Thu 18	Fri 19	Sat 20
9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST
					CLUB AT	11.00 SARAH & HER			
10.30 ONE TO ONE	10.30 ONE TO ONE	10.30 ONE TO ONE	10.30 ONE TO ONE	10.30 ONE TO ONE	DICKENS CAFE	KEYBOARD	11.00 NCS SOCIAL	10.30 ONE TO ONE	10.30 ONE TO ONE
ACTIVITIES MENU	ACTIVITIES MENU	ACTIVITIES MENU	ACTIVITIES MENU	ACTIVITIES MENU	10.30 QUIZ AT	PICKWICK	ACTION PROJECT	ACTIVITIES MENU	ACTIVITIES MENU
					DICKENS CAFE	1.00 LUNCH			
1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	2.30 TEA & TALK	1.00 LUNCH	1.00 LUNCH	1.00 LUNCH
	2.30 SANDWICH				2.00 PWH SHOP	LOUNGE		2.30 HAPPY BDAY	
2.30 KARAOKE	DESIGNING	2.30 DOMINOS IN	2.30 CHILLING IN	2.30 DONUT	The state of the state of	5.30 AFRICAN	2.30 ONE TO ONE	FREDA	3.00 SDA CHURCH
PARTY	5.00 FISH & CHIPS	THE LOUNGE	THE LOUNGE	MAK	The state of the s	NIGHT	ACTIVITIES MENU	5.00 FISH & CHIPS	NICKLEBY
	CLUB-DICKENS CAFE					DICKENS CAFE		CLUB-DICKENS CAFE	
Sun 21	Mon 22	Tue 23	Wed 24	Thu 2	MI .	Sat 27	Sun 28	Mon 29	Tue 30
9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAK		9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST
		CLUB AT							
10.30 ONE TO ONE	10.30 ONE TO ONE	DICKENS CAFE	12.00 PWH PRIDE	10.30 ONE TO ONE	ACTIVITIES MENU	10.30 ONE TO ONE	10.30 ONE TO ONE	10.30 ONE TO ONE	10.30 ONE TO ONE
ACTIVITIES MENU	ACTIVITIES MENU	10.30 QUIZ AT	2019	ACTIVITIES MENU		ACTIVITIES MENU	ACTIVITIES MENU	ACTIVITIES MENU	ACTIVITIES MENU
		DICKENS CAFÉ			1.00 LUNCH				
1.00 LUNCH	1.00 LUNCH	1.00 LUNCH		1.00 LUNCH		1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	1.00 LUNCH
					2.30 NCS VISIT				
2.30 CANAAN	2.30 DONUTS	2.00 PWH SHOP		2.30 TEA & TALK	NICKLEBY	3.00 SDA CHURCH	2.30 CHILLING IN	2.30 DONUTS	2.00 PWH SHOP
CHURCH SERVICE	MAKING	2.30 PRISCILLA		LOUNGE	5.00 FISH & CHIPS	COPPERFIELD	THE LOUNGE	MAKING	2.30 PRISCILLA
		PICTURES			CLUB-DICKENS CAFE			1	PICTURES

Wed. - 31

9.00 BREAKFAST

TRIP TO SOUTHEND