

# ACTIVITIES & EVENTS

AT PRISCILLA WAKEFIELD HOUSE

FEBRUARY 2020

- 1st** - Dignity Action Day - Afternoon Tea & Poetry at the Dickens Café, 2:30pm
- 4th** - Megastrikers taster session, Nickleby, 3pm
- 5th, 12th, 19th, 26th** - Chair-based exercise with Clive, Copperfield, 11:30am
- 5th, 12th, 19th, 26th** - PWH Music workshop, Havisham, 3pm
- 6th** - Dining Around the World - New Zealand Night in celebration of Waitangi Day , Dickens Café, 5pm
- 6th, 13th, 20th, 27th** - Performance from Sarah & her Keyboard, Dorrit 2, 10:30am
- 6th, 13th, 20th, 27th** - Chair-based exercise with Spurs, Nickleby, 3pm
- 7th, 14th, 28th** - Sanjuro chair-based exercise, 10:45am, Havisham
- 7th** - Coffee morning & quiz for Charles Dickens' Birthday, Dickens Café, 11am
- 10th** - Visit from the Little Engineers Nursery, Copperfield, 10:30am
- 11th** - LGBT+ History Month Pride Workshop - Multifunction suite, 3 - 5pm
- 13th** - World Radio Day reminiscence, Copperfield, 2:30pm
- 14th** - Valentine's 80s Disco, Multifunction suite, 6:30pm
- 15th** - SDA Church service, Nickleby, 3-4pm
- 16th** - Canaan Church service, Nickleby, 2:30pm
- 17th** - Trip to the Museum of Brands (Notting Hill), leaving 10am
- 21st** - International Mother Language Day celebration, Havisham, 3pm
- 22nd** - Stoke Newington SDA Church service, Copperfield, 2:30pm
- 24th** - Wellness Café at Alexandra Palace, leaving 1pm
- 25th** - Pancake Party for Shrove Tuesday, Dorrit 1, 3pm
- 27th** - Tea Dance at the Irish Centre, leaving 12:30pm
- 29th** - Drag Queen Story Time at Jackson's Lane, leaving 1pm

# February 2020 Copperfield

| MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY  | FRIDAY   | SATURDAY   | SUNDAY   |
|--|--|---|---|--|--|--|
| <p>11AM COPPERFIELD CONVERSATION <b>3</b></p> <p>3PM REMEMBERING BUDDY HOLLY, RICHIE VALENS &amp; BIG BOPPER</p> | <p>9AM BREAKFAST CLUB <b>4</b><br/>DICKENS CAFÉ</p> <p>2PM PWH SHOP</p> <p>3PM MEGASTRIKERS TASTER SESSION NICKLEBY</p>                        | <p>11.30AM CHAIR BASED EXERCISE WITH CLIVE <b>5</b></p> <p>3PM PWH MUSIC WORKSHOP HAVISHAM</p>  | <p>11AM ONE TO ONE ACTIVITIES MENU <b>6</b></p> <p>3PM SPURS EXERCISE NICKLEBY</p> <p>5.00PM DINING AROUND THE WORLD NEW ZEALAND NIGHT DICKENS CAFE</p> | <p>10.45 SANJURO EXERCISE HAVISHAM <b>7</b></p> <p>11AM CHARLES DICKENS' BDAY COFFEE MORNING DICKENS CAFÉ</p> <p>5PM SUPPER CLUB DICKENS CAFE</p>      | <p>HAPPY BIRTHDAY DAVID <b>1</b></p> <p>11AM ONE TO ONE ACTIVITIES MENU</p> <p>2.30PM DIGNITY ACTION DAY TEA &amp; POETRY DICKENS CAFÉ</p> | <p>10.30AM CHILLING IN THE LOUNGE <b>2</b></p> <p>3PM ONE TO ONE ACTIVITIES MENU</p>         |
| <p>10.30 VISIT FROM THE LITTLE ENGINEERS NURSERY <b>10</b></p> <p>3PM WORD GAMES &amp; QUIZ</p>                  | <p>9AM BREAKFAST CLUB <b>11</b><br/>DICKENS CAFÉ</p> <p>2PM PWH SHOP</p> <p>3PM LGBT+ HISTORY PRIDE WORKSHOP MULTIFUNCTION SUITE</p>           | <p>11.30AM CHAIR BASED EXERCISE WITH CLIVE <b>12</b></p> <p>3PM PWH MUSIC WORKSHOP HAVISHAM</p> | <p>11AM MANICURE &amp; HAND MASSAGE <b>13</b></p> <p>2.30PM WORLD RADIO DAY REMINISCENCE</p>  | <p>10.45 SANJURO EXERCISE HAVISHAM <b>14</b></p> <p>6.30PM VALENTINE'S 80S DISCO MULTIFUNCTION SUITE</p>   | <p>11AM ONE TO ONE ACTIVITIES MENU <b>15</b></p> <p>3-4PM SDA CHURCH SERVICE NICKLEBY</p>  | <p>10.30AM CHILLING IN THE LOUNGE <b>16</b></p> <p>2.30PM CANAAN CHURCH SERVICE NICKLEBY</p> |
| <p><b>17</b></p> <p>10AM TRIP TO MUSEUM OF BRANDS</p>  | <p>9AM BREAKFAST CLUB <b>18</b><br/>DICKENS CAFÉ</p> <p>2PM PWH SHOP</p> <p>2.30PM PRISCILLA PICTURES HAVISHAM</p>                             | <p>11.30AM CHAIR BASED EXERCISE WITH CLIVE <b>19</b></p> <p>3PM PWH MUSIC WORKSHOP HAVISHAM</p> | <p>HAPPY BIRTHDAY BEVERLY! <b>20</b></p> <p>11AM ONE TO ONE ACTIVITIES MENU</p> <p>3PM SPURS EXERCISE NICKLEBY</p>                                      | <p>11AM ONE TO ONE ACTIVITIES MENU <b>21</b></p> <p>3PM INTERNATIONAL MOTHER LANGUAGE DAY CELEBRATION HAVISHAM</p> <p>5PM SUPPER CLUB DICKENS CAFE</p> | <p>11AM ONE TO ONE ACTIVITIES MENU <b>22</b></p> <p>2.30PM STOKE NEWINGTON SDA FELLOWSHIP COPPERFIELD</p>                                  | <p>10.30AM CHILLING IN THE LOUNGE <b>23</b></p> <p>3PM ONE TO ONE ACTIVITIES MENU</p>        |
| <p>11AM ONE TO ONE ACTIVITIES MENU <b>24</b></p> <p>1PM WELLNESS CAFÉ ALEXANDRA PALACE</p>                       | <p>SHROVE TUESDAY <b>25</b></p> <p>9AM BREAKFAST CLUB @ DICKENS CAFÉ</p> <p>2PM PWH SHOP</p> <p>3PM FAT TUESDAY PANCAKE DAY PARTY DORRIT 1</p> | <p>11.30AM CHAIR BASED EXERCISE WITH CLIVE <b>26</b></p> <p>3PM PWH MUSIC WORKSHOP HAVISHAM</p> | <p>11AM MANICURE &amp; HAND MASSAGE <b>27</b></p> <p>12.30 TEA DANCE IRISH CENTRE</p> <p>3PM SPURS EXERCISE NICKLEBY</p>                                | <p>10.45AM SANJURO EXERCISE HAVISHAM <b>28</b></p> <p>3PM 70'S SINGALONG</p> <p>5PM SUPPER CLUB DICKENS CAFE</p>                                       | <p>11AM ONE TO ONE ACTIVITIES MENU <b>29</b></p> <p>2PM DRAG QUEEN STORY TIME JACKSONS LANE</p>  |  |

# February 2020 - Dorrit

| MONDAY   | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY  | SATURDAY  | SUNDAY   |
|--|--|---|--|---|---|--|
|  |  |   |  |   | <b>Dignity Action Day 1</b><br><b>11am</b> – One to one activities menu<br><b>2:30</b> - Afternoon tea & Poetry at the Dickens Café | <b>10:30</b> – Quality time 2 in the lounge<br><b>2pm</b> – TV and chats in the lounge                         |
| <b>Remembering Buddy Holly, Ritchie Valens and Big Bopper 3</b><br><b>11am</b> – Classical music appreciation<br><b>2pm</b> – Dorrit at the Pictures | <b>11am</b> – Classical music appreciation 4<br><b>2-4pm</b> – PWH Shop<br><b>2:30</b> – Darts & ball games                              | <b>11am</b> – Reading and poetry one-to-one sessions 5<br><b>3pm</b> - PWH Music Workshop             | <b>10:30</b> - Sarah & her Keyboard, Dorrit 2 6<br><b>5pm</b> - Dining Round the World for <b>Waitangi Day (NZ)</b> , Dickens Café | <b>11am</b> – Coffee morning & cake for <b>Charles Dickens' Birthday 7</b><br><b>5pm</b> – Supper Club at the Dickens Café                    | <b>11am</b> – One to one activities menu 8<br><b>2pm</b> – TV and chats in the lounge   | <b>10:30</b> – Quality time 9 in the lounge<br><b>2pm</b> – TV and chats in the lounge                         |
| <b>11am</b> – Manicure and hand massage 10<br><b>2pm</b> – Dorrit at the Pictures  | <b>11am</b> – 40s & 50s singalong, Dorrit 1 11<br><b>2-4pm</b> – PWH Shop<br><b>2:30</b> – Reading and poetry one-to-one sessions        | <b>11am</b> – Aromatherapy & sensory relaxation 12<br><b>3pm</b> - PWH Music Workshop                 | <b>10:30</b> - Sarah & her Keyboard, Dorrit 2 13<br><b>2pm</b> - One-to-one radio appreciation for <b>World Radio Day</b>          | <b>Valentine's Day 14</b><br><b>11am</b> – Aromatherapy & sensory relaxation<br><b>6:30</b> – Valentine's 80s Disco ( <b>family welcome</b> ) | <b>11am</b> – One to one activities menu 15<br><b>3pm</b> - SDA Church service ( <b>Nickleby lounge</b> )                           | <b>10:30</b> – Quality time 16 in the lounge<br><b>2:30</b> – Canaan Church service ( <b>Nickleby lounge</b> ) |
| <b>Happy Birthday Naomi! 17</b><br>Celebration and cake 3pm<br><b>11am</b> – Classical music appreciation  | <b>11am</b> – Aromatherapy & sensory relaxation 18<br><b>2-4pm</b> – PWH Shop<br><b>2:30</b> – Dorrit at the Pictures                    | <b>11am</b> – Manicure and hand massage 19<br><b>3pm</b> - PWH Music Workshop                         | <b>Happy Birthday George! 20</b><br>Celebration and cake 3pm<br><b>10:30</b> - Sarah & her Keyboard, Dorrit 2                      | <b>International Mother Language Day 21</b><br><b>11am</b> – 70s & 80s singalong, Dorrit 1<br><b>5pm</b> – Supper Club at the Dickens Café    | <b>11am</b> – One to one activities menu 22<br><b>3pm</b> – Stoke Newington SDA Fellowship ( <b>Copperfield lounge</b> )            | <b>10:30</b> – Quality time 23 in the lounge<br><b>2pm</b> – TV and chats in the lounge                        |
| <b>11am</b> – Caribbean & West Indian music appreciation 24<br><b>2pm</b> – Reading and poetry one-to-one sessions                                   | <b>Shrove Tuesday 25</b><br><b>11am</b> – 60s singalong, Dorrit 1<br><b>2-4pm</b> – PWH Shop<br><b>3pm</b> - Pancake Day Party, Dorrit 1 | <b>Ash Wednesday 26</b><br><b>11am</b> – Manicure and hand massage<br><b>3pm</b> - PWH Music Workshop | <b>10:30</b> - Sarah & her Keyboard, Dorrit 2 27<br><b>2:30</b> – Reading and poetry one-to-one sessions                           | <b>11am</b> – Manicure & hand massage 28<br><b>5pm</b> – Supper Club at the Dickens Café  | <b>11am</b> – One to one activities menu 29<br><b>2pm</b> – TV and chats in the lounge  |  |

# February 2020 Havisham and Pickwick

| MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY  | SATURDAY   | SUNDAY   |
|---|---|--|--|---|--|--|
|   |   |  |  |   | <b>11AM ONE TO ONE ACTIVITIES MENU 1</b><br><b>2.30PM DIGNITY ACTION DAY TEA &amp; POETRY DICKENS CAFÉ</b> | <b>10.30AM CHILLING IN THE LOUNGE 2</b><br><b>3PM ONE TO ONE ACTIVITIES MENU</b>         |
| <b>11AM ONE TO ONE ACTIVITIES MENU 3</b><br><b>3PM REMEMBERING BUDDY HOLLY DORRIT</b>   | <b>9AM BREAKFAST CLUB DICKENS CAFÉ 4</b><br><b>3PM MEGASTRIKERS TASTER SESSION NICKLEBY</b>                             | <b>11.30AM CHAIR BASED EXERCISE WITH CLIVE COPPERFIELD 5</b><br><b>3PM PWH MUSIC WORKSHOP</b>  | <b>10.30AM SARAH &amp; HER KEYBOARD DORRIT 2 6</b><br><b>3PM SPURS EXERCISE NICKLEBY</b><br><b>5.30PM DINING AROUND THE WORLD NEW ZEALAND NIGHT DICKENS CAFE</b> | <b>10.45 SANJURO EXERCISE 7</b><br><b>11AM CHARLES DICKENS' BDAY COFFEE MORNING DICKENS CAFÉ</b><br><b>5PM SUPPER CLUB DICKENS CAFE</b>   | <b>11AM ONE TO ONE ACTIVITIES MENU 8</b><br><b>3PM HAPPY BIRTHDAY ALAN CELEBRATION &amp; CAKE</b>          | <b>10.30AM CHILLING IN THE LOUNGE 9</b><br><b>3PM ONE TO ONE ACTIVITIES MENU</b>         |
| <b>10.30 VISIT FROM THE LITTLE ENGINEERS NURSERY 10</b><br><b>3PM DARTS TOURNAMENT</b>  | <b>9AM BREAKFAST CLUB DICKENS CAFÉ 11</b><br><b>3PM LGBTQ+ HISTORY WORKSHOP MULTI FUNCTION SUITE</b>                    | <b>11.30AM CHAIR BASED EXERCISE WITH CLIVE COPPERFIELD 12</b><br><b>3PM PWH MUSIC WORKSHOP</b> | <b>10.30AM SARAH &amp; HER KEYBOARD DORRIT 2 13</b><br><b>3PM SPURS EXERCISE NICKLEBY</b><br><b>2.30PM WORLD RADIO DAY REMINISCENCE COPPERFIELD</b>              | <b>10.45 SANJURO EXERCISE HAVISHAM 14</b><br><b>6.30PM VALENTINE'S 80S DISCO MULTIFUNCTION SUITE</b>                                      | <b>11AM ONE TO ONE ACTIVITIES MENU 15</b><br><b>3-4PM SDA CHURCH SERVICE NICKLEBY</b>                      | <b>10.30AM CHILLING IN THE LOUNGE 16</b><br><b>2.30PM CANAAN CHURCH SERVICE NICKLEBY</b> |
| <b>10AM TRIP TO MUSEUM OF BRANDS 17</b>   | <b>9AM BREAKFAST CLUB DICKENS CAFÉ 18</b><br><b>2.30PM PRISCILLA PICTURES</b>   | <b>11.30AM CHAIR BASED EXERCISE WITH CLIVE COPPERFIELD 19</b><br><b>3PM PWH MUSIC WORKSHOP</b> | <b>10.30AM SARAH &amp; HER KEYBOARD DORRIT 2 20</b><br><b>3PM SPURS EXERCISE NICKLEBY</b>  | <b>11AM ONE TO ONE ACTIVITIES MENU 21</b><br><b>3PM INTERNATIONAL MOTHER LANGUAGE DAY HAVISHAM</b><br><b>5PM SUPPER CLUB DICKENS CAFE</b> | <b>11AM ONE TO ONE ACTIVITIES MENU 22</b><br><b>2.30PM STOKE NEWINGTON SDA FELLOWSHIP COPPERFIELD</b>      | <b>10.30AM CHILLING IN THE LOUNGE 23</b><br><b>3PM ONE TO ONE ACTIVITIES MENU</b>        |
| <b>11AM ONE TO ONE ACTIVITIES MENU 24</b><br><b>1PM WELLNESS CAFÉ ALEXANDRA PALACE</b><br><b>3PM HAPPY BDAY BILL CELEBRATION &amp; CAKE</b> | <b>SHROVE TUESDAY 25</b><br><b>9AM BREAKFAST CLUB DICKENS CAFÉ</b><br><b>3PM FAT TUESDAY PANCAKE DAY PARTY DORRIT 1</b> | <b>11.30AM CHAIR BASED EXERCISE WITH CLIVE COPPERFIELD 26</b><br><b>3PM PWH MUSIC WORKSHOP</b> | <b>10.30AM SARAH &amp; HER KEYBOARD DORRIT 2 27</b><br><b>12.30 TEA DANCE IRISH CENTRE</b><br><b>3PM SPURS EXERCISE NICKLEBY</b>                                 | <b>10.45AM SANJURO EXERCISE HAVISHAM 28</b><br><b>5PM SUPPER CLUB DICKENS' CAFE</b>   | <b>11AM ONE TO ONE ACTIVITIES MENU 29</b><br><b>2PM DRAG QUEEN STORY TIME JACKSONS LANE</b>                |  |

# February 2020 Nickleby

| MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY   | SATURDAY   | SUNDAY   |
|--|---|--|---|--|--|--|
|  |   |  |   |  | <b>11AM ONE TO ONE ACTIVITIES MENU 1</b><br><br><b>2.30PM DIGNITY ACTION DAY TEA &amp; POETRY DICKENS CAFÉ</b> | <b>10.30AM CHILLING IN THE LOUNGE 2</b><br><br><b>3PM ONE TO ONE ACTIVITIES MENU</b>         |
| <b>11AM CYCLING TARGET &amp; DARTS 3</b><br><br><b>3PM REMEMBERING BUDDY HOLLY, RICHIE VALENS &amp; BIG POPPER COPPERFIELD</b> | <b>9AM BREAKFAST CLUB DICKENS CAFÉ 4</b><br><br><b>3PM MEGASTRIKERS TASTER SESSION</b>                            | <b>11.30AM CHAIR BASED EXERCISE WITH CLIVE COPPERFIELD 5</b><br><br><b>3PM PWH MUSIC WORKSHOP HAVISHAM</b>                         | <b>10.30AM SARAH &amp; HER KEYBOARD DORRIT 2 6</b><br><br><b>3PM SPURS EXERCISE 5.00PM DINING AROUND THE WORLD NEW ZEALAND NIGHT DICKENS CAFE</b> | <b>10.45 AM SANJURO EXERCISE HAVISHAM 7</b><br><b>11AM CHARLES DICKENS' BDAY COFFEE MORNING DICKENS CAFÉ</b><br><b>3PM HAPPY BDAY GABRIELLE 5PM SUPPER CLUB DICKENS CAFE</b> | <b>11AM ONE TO ONE ACTIVITIES MENU 8</b><br><br><b>3PM CHILLING IN THE LOUNGE</b>                              | <b>11AM CHILLING IN THE LOUNGE 9</b><br><br><b>3PM ONE TO ONE ACTIVITIES MENU</b>            |
| <b>10.30AM VISIT FROM LITTLE ENGINEERS NURSERY COPPERFIELD 10</b><br><br><b>3PM CYCLING TARGET &amp; DARTS</b>                 | <b>9AMAM BREAKFAST CLUB DICKENS CAFÉ 11</b><br><br><b>3PM ART CLUB</b>  | <b>11.30AM CHAIR BASED EXERCISE WITH CLIVE COPPERFIELD 12</b><br><br><b>3PM PWH MUSIC WORKSHOP HAVISHAM</b>                        | <b>10.30AM SARAH &amp; HER KEYBOARD DORRIT 2 13</b><br><br><b>3PM SPURS EXERCISE 2.30PM WORLD RADIO DAY REMINISCENCE COPPERFIELD</b>              | <b>10.45AM SANJURO EXERCISE HAVISHAM 14</b><br><b>6.30PM VALENTINE'S 80S DISCO MULTIFUNCTION SUITE</b>   | <b>11AM ONE TO ONE ACTIVITIES MENU 15</b><br><br><b>3-4PM SDA CHURCH SERVICE NICKLEBY</b>                      | <b>10.30AM CHILLING IN THE LOUNGE 16</b><br><br><b>2.30PM CANAAN CHURCH SERVICE NICKLEBY</b> |
| <b>10AM TRIP TO MUSEUM OF BRANDS 17</b>  | <b>9AM BREAKFAST CLUB @ DICKENS CAFÉ 18</b><br><br><b>3PM ART CLUB</b>  | <b>11.30AM CHAIR BASED EXERCISE WITH CLIVE COPPERFIELD 19</b><br><br><b>3PM PWH MUSIC WORKSHOP HAVISHAM 3PM HAPPY BDAY PAULINE</b> | <b>10.30AM SARAH &amp; HER KEYBOARD DORRIT 2 20</b><br><br><b>3PM SPURS EXERCISE</b>  | <b>11AM ONE TO ONE ACTIVITIES MENU 21</b><br><br><b>3PM INTERNATIONAL MOTHER LANGUAGE DAY HAVISHAM 5PM SUPPER CLUB DICKENS CAFE</b>  | <b>11AM ONE TO ONE ACTIVITIES MENU 22</b><br><br><b>2.30PM STOKE NEWINGTON SDA FELLOWSHIP COPPERFIELD</b>      | <b>10.30AM CHILLING IN THE LOUNGE 23</b><br><br><b>3PM ONE TO ONE ACTIVITIES MENU</b>        |
| <b>11AM CYCLING TARGET &amp; TARGET DARTS 24</b><br><br><b>1PM WELLNESS CAFÉ ALEXANDRA PALACE</b>                              | <b>SHROVE TUESDAY 9AM BREAKFAST CLUB DICKENS CAFÉ 25</b><br><br><b>3PM FAT TUESDAY PANCAKE DAY PARTY DORRIT 1</b> | <b>11.30AM CHAIR BASED EXERCISE WITH CLIVE COPPERFIELD 26</b><br><br><b>3PM PWH MUSIC WORKSHOP HAVISHAM</b>                        | <b>10.30AM SARAH &amp; HER KEYBOARD DORRIT 2 27</b><br><br><b>12.30PM TEA DANCE IRISH CENTRE 3PM SPURS EXERCISE</b>                               | <b>10.45AM SANJURO EXERCISE HAVISHAM 28</b><br><br><b>5PM SUPPER CLUB DICKENS CAFE</b>   | <b>11AM ONE TO ONE ACTIVITIES MENU 29</b><br><br><b>2PM DRAG QUEEN STORY TIME JACKSONS LANE</b>                |  |