



JANUARY



HAPPY NEW YEAR
2020

1st – New Year's Day Party – Dorrit 1 – 2.30pm

2, 9, 16, 23 & 30th – Chair Based Exercise with Spurs – Nickleby – 2.30pm

3rd – JRR Tolkien Birthday Celebration – Dickens Café – 11am

6th – Afternoon Tea & Music from Mozart – Dickens Café – 3pm

8th – Party Celebrating Elvis – Dorrit 1 – 3pm

8, 15, 22 & 29th – Chair Based Exercise with Clive – Copperfield – 11.30am

9, 16 & 23rd – Live Music Now – Dorrit 2 – 2 – 5pm

13th – Visit from The Little Engineers Nursery – 10.30 – Copperfield

14th – Sanjuro Taster Session – Copperfield – 11am

14th – Dining Around the World – Scottish Night @ Dickens Cafe – 5.30pm

16, 23 & 30th – Sarah and her Keyboard – 10.30am – Dorrit 2

16th – Reggaetivity @ Sophia House – 11am

18th – SDA Church – Nickleby – 2.30pm

19th – Canaan Church Service – Nickleby – 2.30pm

20th – Haringey Care Homes Quiz Bee – Dickens Café – 3pm

21st – Celebrating Martin Luther King – Havisham – 3pm

25th – Visit from Stoke Newington SDA Church – 2.30pm – Copperfield

27th – Wellness Café @ Ally Pally – 2.00pm

30th – Social Lunch @ Jackson's Lane Arts Centre – 11.45 – 2.30pm

30th – Tea Dance @ The Irish Centre – 1.30 – 4.00pm

31st – Priscilla Wakefield's Birthday Coffee Morning @ Dickens Cafe – 10.30am

January.2020.Copperfield

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		HAPPY NEW YEAR 1 2.30PM NEW YEAR PARTY DORRIT 1	11AM ONE TO ONE ACTIVITIES MENU 2 3PM SPURS CHAIR BASED EXERCISE NICKLEBY	3 11AM JRR TOLKIEN BDAY CELEBRATION @ DICKENS CAFÉ 3PM DANCING WITH GLADSTONE 5PM SUPPER CLUB @ DICKENS CAFE	11AM ONE TO ONE ACTIVITIES MENU 4 2.30PM CHILLING IN THE LOUNGE	10.30AM CHILLING IN THE LOUNGE 5 3PM ONE TO ONE ACTIVITIES MENU
11AM COPPERFIELD CONVERSATION 6 3PM TEA & MUSIC FROM MOZART@ DICKENS CAFE	9AM BREAKFAST CLUB & QUIZ @ DICKENS CAFÉ 7 2PM PWH SHOP 3PM FAMILY FORTUNES NICKLEBY	11.30AM CHAIR BASED EXERCISE WITH CLIVE 8 3PM PARTY CELEBRATING ELVIS BDAY DORRIT 1	11AM ONE TO ONE ACTIVITIES MENU 9 3PM SPURS CHAIR BASED EXERCISE NICKLEBY	11AM RELAX @ DICKENS CAFÉ 10 3PM DANCING WITH GLADSTONE 5PM SUPPER CLUB @ DICKENS CAFE	11AM ONE TO ONE ACTIVITIES MENU 11 2.30PM CHILLING IN THE LOUNGE	10.30AM CHILLING IN THE LOUNGE 12 3PM ONE TO ONE ACTIVITIES MENU
10.30AM VISIT FROM THE LITTLE ENGINEERS NURSERY 13 3PM WORD GAMES & QUIZ	9AM BREAKFAST CLUB & QUIZ @ DICKENS CAFE 14 11AM SANJURO TASTER 2PM PWH SHOP 5.30PM DINING AROUND THE WORLD @DICKENS CAFE	11.30AM CHAIR BASED EXERCISE WITH CLIVE 15 3PM DART - AWAY	11AM REGGAETIVITY @SOPHIA HOUSE 16 3PM SPURS CHAIR BASED EXERCISE NICKLEBY	11AM RELAX @ DICKENS CAFÉ 17 3PM DANCING WITH GLADSTONE 5PM SUPPER CLUB @ DICKENS CAFE	11AM ONE TO ONE ACTIVITIES MENU 18 2.30PM SDA CHURCH NICKLEBY	11AM ONE TO ONE ACTIVITIES MENU 19 2.30PM CANAAN CHURCH NICKLEBY
11AM COPPERFIELD CONVERSATION 20 3PM QUIZ BEE @ DICKENS CAFE	9AM BREAKFAST CLUB & QUIZ @ DICKENS CAFÉ 21 2PM PWH SHOP 3PM CELEBRATING MARTIN LUTHER KING - HAVISHAM	11.30AM CHAIR BASED EXERCISE WITH CLIVE 22 3PM DART - AWAY	11AM ONE TO ONE ACTIVITIES MENU 23 3PM SPURS CHAIR BASED EXERCISE NICKLEBY	11AM RELAX @ DICKENS CAFÉ 24 3PM DANCING WITH GLADSTONE 5PM SUPPER CLUB @ DICKENS CAFE	HAPPY CHINESE NEW YEAR 25 3PM STOKE NEWINGTON SDA CHURCH	10.30AM CHILLING IN THE LOUNGE 26 3PM ONE TO ONE ACTIVITIES MENU
11AM COPPERFIELD CONVERSATION 27 2PM WELLNESS CAFÉ @ALLY PALLY	9AM BREAKFAST CLUB & QUIZ @ DICKENS CAFÉ 28 2PM PWH SHOP 3PM FAMILY FORTUNES NICKLEBY	11.30AM CHAIR BASED EXERCISE WITH CLIVE 29 3PM DART - AWAY	11.45AM LUNCH @JACKSON'S LANE ARTS CENTRE 30 3PM SPURS CHAIR BASED EXERCISE NICKLEBY	10.30AM COFFEE MORNING @ DICKENS CAFÉ 31 3PM DANCING WITH GLADSTONE 5PM SUPPER CLUB @ DICKENS CAFE		

January . 2020 . Dorrit

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		HAPPY NEW YEAR 1 2.30PM NEW YEAR PARTY DORRIT 1	11AM ONE TO ONE ACTIVITIES MENU 2 3PM AROMA HAND MASSAGE	11AM BALLOON GAMES 3 3PM SOUNDS OF THE 60'S DORRIT 2 5PM SUPPER CLUB @ DICKENS CAFE	11AM ONE TO ONE ACTIVITIES MENU 4 2.30PM CHILLING IN THE LOUNGE	10.30AM CHILLING IN THE LOUNGE 5 3PM ONE TO ONE ACTIVITIES MENU
11AM LET'S TALK 6 3PM TEA & MUSIC FROM MOZART@ DICKENS CAFE	11AM AROMA HAND MASSAGE 7 2PM PWH SHOP 3PM ONE TO ONE ACTIVITIES MENU	10.30 ONE TO ONE ACTIVITIES MENU 8 3PM PARTY CELEBRATING ELVIS BDAY DORRIT 1	11AM ONE TO ONE ACTIVITIES MENU 9 2.30PM LIVE MUSIC NOW DORRIT 2	11AM BALL GAMES 10 3PM FAB 50'S MUSIC 5PM SUPPER CLUB @ DICKENS CAFE	11AM ONE TO ONE ACTIVITIES MENU 11 2.30PM CHILLING IN THE LOUNGE	10.30AM CHILLING IN THE LOUNGE 12 3PM ONE TO ONE ACTIVITIES MENU
10.30AM VISIT FROM THE LITTLE ENGINEERS NURSERY COPPERFIELD 13 2.30PM LOOK GOOD FEEL GOOD	10.30AM POETRY 14 2PM PWH SHOP 5.30PM DINING AROUND THE WORLD @DICKENS CAFE	10.30AM ONE TO ONE ACTIVITIES MENU 15 3PM HAPPY BIRTHDAY CELIA	10.30AM SARAH & HER KEYBOARD 16 2.30PM LIVE MUSIC NOW DORRIT 2	11AM OUTDOOR WALKS 17 3PM ART DORRIT 1 5PM SUPPER CLUB @ DICKENS CAFE	11AM ONE TO ONE ACTIVITIES MENU 18 2.30PM SDA CHURCH NICKLEBY	11AM ONE TO ONE ACTIVITIES MENU 19 2.30PM CANAAN CHURCH NICKLEBY
11AM LET'S TALK 20 3PM HAPPY BIRTHDAY SEBASTIAN	11AM AROMA HAND MASSAGE 21 2PM PWH SHOP 3PM ONE TO ONE ACTIVITIES MENU	10.30AM ONE TO ONE ACTIVITIES MENU 22 3PM SINGALONG TO YOUR FAVOURITES DORRIT 1	10.30AM SARAH & HER KEYBOARD DORRIT 2 23 2.30PM LIVE MUSIC NOW DORRIT 2	11AM BALL GAMES 24 3PM HAPPY BIRTHDAY HEZEKIAH 5PM SUPPER CLUB @ DICKENS CAFE	HAPPY CHINESE NEW YEAR 25 3PM SDA CHURCH COPPERFIELD	10.30AM CHILLING IN THE LOUNGE 26 3PM ONE TO ONE ACTIVITIES MENU
11AM LET'S TALK 27 2PM WELLNESS CAFÉ @ALLY PALLY	11AM AROMA HAND MASSAGE 28 2PM PWH SHOP 3PM ONE TO ONE ACTIVITIES MENU	10.30AM ONE TO ONE ACTIVITIES MENU 29 3PM SINGALONG TO THE MUSICALS DORRIT 1	10.30AM SARAH & HER KEYBOARD 30 3PM AROMA HAND MASSAGE	11AM OUTDOOR WALKS 31 3PM REGGAE MUSIC 5PM SUPPER CLUB @ DICKENS CAFE		

January 2020 Havisham & Pickwick

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		HAPPY NEW YEAR 1 2.30PM NEW YEAR PARTY DORRIT 1	11AM ONE TO ONE ACTIVITIES MENU 2 3PM SPURS CHAIR BASED EXERCISE NICKLEBY	11AM JRR TOLKIEN CELEBRATION @ DICKENS CAFÉ 3 3PM MUSIC DORRIT 5PM SUPPER CLUB @ DICKENS CAFE	11AM ONE TO ONE ACTIVITIES MENU 4 2.30PM CHILLING IN THE LOUNGE	10.30AM CHILLING IN THE LOUNGE 5 3PM ONE TO ONE ACTIVITIES MENU
11AM AROMA HAND MASSAGE 6 3PM TEA & MUSIC FROM MOZART @ DICKENS CAFE	9AM BREAKFAST CLUB & QUIZ @ DICKENS CAFÉ 7 2PM PWH SHOP 3PM PAINTING	11.30AM CHAIR BASED EXERCISE WITH CLIVE COPPERFIELD 8 3PM PARTY CELEBRATING ELVIS BDAY DORRIT 1	11AM ONE TO ONE ACTIVITIES MENU 9 2.30PM LIVE MUSIC NOW DORRIT 2	11AM RELAX @ DICKENS CAFÉ 10 3PM FAB 50'S DORRIT 1 5PM SUPPER CLUB @ DICKENS CAFE	11AM ONE TO ONE ACTIVITIES MENU 11 2.30PM CHILLING IN THE LOUNGE	10.30AM CHILLING IN THE LOUNGE 12 3PM ONE TO ONE ACTIVITIES MENU
10.30AM VISIT FROM THE LITTLE ENGINEERS NURSERY COPPERFIELD 13 3PM DARTS & TARGET GAMES	9AM BREAKFAST CLUB 11AM SANJURO TASTER COPPERFIELD 14 2PM PWH SHOP 5.30PM DINING AROUND THE WORLD @ DICKENS CAFE	11.30AM CHAIR BASED EXERCISE WITH CLIVE COPPERFIELD 15 3PM WORD GAMES & QUIZ	11AM REGGAETIVITY @ SOPHIA HOUSE 16 2.30PM LIVE MUSIC NOW DORRIT 2	11AM RELAX @ DICKENS CAFÉ 17 3PM LOOK GOOD FEEL GOOD DORRIT 1 5PM SUPPER CLUB @ DICKENS CAFE	11AM ONE TO ONE ACTIVITIES MENU 18 2.30PM SDA CHURCH NICKLEBY	11AM ONE TO ONE ACTIVITIES MENU 19 2.30PM CANAAN CHURCH NICKLEBY
11AM LOOK GOOD FEEL GOOD 20 3PM QUIZ BEE @ DICKENS CAFE	9AM BREAKFAST CLUB & QUIZ @ DICKENS CAFÉ 21 2PM PWH SHOP 3PM CELEBRATING MARTIN LUTHER KING	11.30AM CHAIR BASED EXERCISE WITH CLIVE COPPERFIELD 22 3PM AROMA HAND MASSAGE	11AM ONE TO ONE ACTIVITIES MENU 23 2.30PM LIVE MUSIC NOW DORRIT 2	11AM RELAX @ DICKENS CAFÉ 24 3PM KARAOKE NICKLEBY 5PM SUPPER CLUB @ DICKENS CAFE	HAPPY CHINESE NEW YEAR 25 3PM SDA CHURCH COPPERFIELD	10.30AM CHILLING IN THE LOUNGE 26 3PM ONE TO ONE ACTIVITIES MENU
11AM LOOK GOOD FEEL GOOD 27 2PM WELLNESS CAFÉ @ ALLY PALLY	9AM BREAKFAST CLUB & QUIZ @ DICKENS CAFÉ 28 2PM PWH SHOP 3PM DARTS & BALL GAMES	11.30AM CHAIR BASED EXERCISE WITH CLIVE COPPERFIELD 29 3PM ARTS & CRAFTS	11.45AM LUNCH @ JACKSON'S LANE ARTS CENTRE 30 3PM HAPPY BIRTHDAY MARY	10.30AM COFFEE MORNING @ DICKENS CAFÉ 31 3PM REGGAE DORRIT 1 5PM SUPPER CLUB @ DICKENS CAFE		

January.2020.Nickleby

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		HAPPY NEW YEAR 1 2.30PM NEW YEAR PARTY DORRIT 1	11AM ONE TO ONE ACTIVITIES MENU 2 3PM SPURS CHAIR BASED EXERCISE	11AM JRR TOLKIEN BDAY CELEBRATION@DICKENS CAFÉ 3 3PM KARAOKE 5PM SUPPER CLUB @ DICKENS CAFE	11AM ONE TO ONE ACTIVITIES MENU 4 2.30PM CHILLING IN THE LOUNGE	10.30AM CHILLING IN THE LOUNGE 5 3PM ONE TO ONE ACTIVITIES MENU
11AM CYCLING TARGET & DARTS 6 3PM TEA & MUSIC FROM MOZART @ DICKENS CAFE	9AM BREAKFAST CLUB & QUIZ @ DICKENS CAFÉ 7 2PM PWH SHOP 3PM FAMILY FORTUNES	11.30AM CHAIR BASED EXERCISE WITH CLIVE COPPERFIELD 8 3PM PARTY CELEBRATING ELVIS BDAY DORRIT 1	11AM ONE TO ONE ACTIVITIES MENU 9 3PM SPURS CHAIR BASED EXERCISE	11AM RELAX @ DICKENS CAFÉ 10 3PM DANCING WITH MOHAMMED 5PM SUPPER CLUB @ DICKENS CAFE	11AM ONE TO ONE ACTIVITIES MENU 11 2.30PM CHILLING IN THE LOUNGE	10.30AM CHILLING IN THE LOUNGE 12 3PM ONE TO ONE ACTIVITIES MENU
10.30AM VISIT FROM THE LITTLE ENGINEERS NURSERY COPPERFIELD 13 3PM WORD GAMES & QUIZ	9AM BREAKFAST CLUB @ DICKENS CAFE 14 11AM SANJURO TASTER COPPERFIELD 2PM PWH SHOP 5.30PM DINING AROUND THE WORLD @DICKENS CAFE	11.30AM CHAIR BASED EXERCISE WITH CLIVE COPPERFIELD 15 3PM ART CLUB	11AM REGGAETIVITY @SOPHIA HOUSE 16 3PM SPURS CHAIR BASED EXERCISE	11AM RELAX @ DICKENS CAFÉ 17 3PM DANCING WITH MOHAMMED 5PM SUPPER CLUB @ DICKENS CAFE	11AM ONE TO ONE ACTIVITIES MENU 18 2.30PM SDA CHURCH NICKLEBY	11AM ONE TO ONE ACTIVITIES MENU 19 2.30PM CANAAN CHURCH NICKLEBY
11AM CYCLING TARGET & DARTS 20 3PM QUIZ BEE@DICKENS CAFE	9AM BREAKFAST CLUB & QUIZ @ DICKENS CAFÉ 21 2PM PWH SHOP 3PM HAPPY BIRTHDAY MOHAMMED	11.30AM CHAIR BASED EXERCISE WITH CLIVE COPPERFIELD 22 3PM ART CLUB	11AM ONE TO ONE ACTIVITIES MENU 23 3PM SPURS CHAIR BASED EXERCISE	11AM RELAX @ DICKENS CAFÉ 24 3PM KARAOKE 5PM SUPPER CLUB @ DICKENS CAFE	HAPPY CHINESE NEW YEAR 25 3PM STOKE NEWINGTON SDA CHURCH	10.30AM CHILLING IN THE LOUNGE 26 3PM ONE TO ONE ACTIVITIES MENU
11AM CYCLING TARGET & DARTS 27 2PM WELLNESS CAFÉ @ALLY PALLY	9AM BREAKFAST CLUB & QUIZ @ DICKENS CAFÉ 28 2PM PWH SHOP 3PM FAMILY FORTUNES	11.30AM CHAIR BASED EXERCISE WITH CLIVE COPPERFIELD 29 3PM ART CLUB	11.45AM LUNCH @JACKSON'S LANE ARTS CENTRE 30 1.30PM TEADANCE @ THE IRISH CENTRE 3PM SPURS CHAIR BASED EXERCISE	10.30AM COFFEE MORNING @ DICKENS CAFÉ 31 3PM DANCING WITH MOHAMMED 5PM SUPPER CLUB @ DICKENS CAFE		