

1<sup>st</sup> – New Year's Day Party – Dorrit 1 – 2.30pm 2, 9, 16, 23 & 30<sup>th</sup> – Chair Based Exercise with Spurs – Nickleby – 2.30pm 3<sup>rd</sup> – JRR Tolkien Birthday Celebration – Dickens Café – 11am 6<sup>th</sup> – Afternoon Tea & Music from Mozart – Dickens Café – 3pm 8<sup>th</sup> – Party Celebrating Elvis – Dorrit 1 – 3pm 8, 15, 22 & 29th - Chair Based Exercise with Clive - Copperfield - 11.30am 9, 16 & 23<sup>rd</sup> - Live Music Now - Dorrit 2- 2 - 5pm 13<sup>th</sup> – Visit from The Little Engineers Nursery – 10.30 – Copperfield 14<sup>th</sup> – Sanjuro Taster Session – Copperfield – 11am 14<sup>th</sup> – Dining Around the World – Scottish Night @ Dickens Cafe – 5.30pm 16, 23 & 30<sup>th</sup> - Sarah and her Keyboard - 10.30am - Dorrit 2 16<sup>th</sup> – Reggaetivity @ Sophia House – 11am 18<sup>th</sup> – SDA Church – Nickleby – 2.30pm 19th – Canaan Church Service – Nickleby – 2.30pm 20<sup>th</sup> – Haringey Care Homes Quiz Bee – Dickens Café – 3pm 21<sup>st</sup> – Celebrating Martin Luther King – Havisham – 3pm 25<sup>th</sup> – Visit from Stoke Newington SDA Church – 2.30pm - Copperfield 27th - Wellness Café @ Ally Pally - 2.00pm 30th – Social Lunch @ Jackson's Lane Arts Centre – 11.45 – 2.30pm 30<sup>th</sup> – Tea Dance @ The Irish Centre – 1.30 – 4.00pm 31<sup>st</sup> – Priscilla Wakefield's Birthday Coffee Morning @ Dickens Cafe – 10.30am

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	MONDAY	TUESDAY	January.	2020.Cop	<b>Perfield</b>	SATURDAY	SUNDAY
		21/	1 HAPPY NEW YEAR	11AM ONE TO ONE 2 ACTIVITIES MENU	<b>3</b> <b>11AM</b> JRR TOLKIEN BDAY CELEBRATION @ DICKENS CAFÉ	11AM ONE TO ONE 4 ACTIVITIES MENU	10.30AM CHILLING IN 5 THE LOUNGE
			2.30PM NEW YEAR PARTY <b>DORRIT 1</b>	3PM SPURS CHAIR BASED EXERCISE NICKLEBY	3PM DANCING WITH GLADSTONE 5PM SUPPER CLUB @ DICKENS CAFE	2.30PM CHILLING IN THE LOUNGE	3PM ONE TO ONE ACTIVITIES MENU
T U	11AM COPPERFIELD 6 CONVERSATION	9AM BREAKFAST 7 CLUB & QUIZ @ DICKENS CAFÉ	11.30AM CHAIR 8 BASED EXERCISE WITH CLIVE	11AM ONE TO ONE 9 ACTIVITIES MENU	11AM RELAX @ DICKENS 10 CAFÉ 10	11AM ONE TO ONE 11 ACTIVITIES MENU	10.30AM CHILLING 12 IN THE LOUNGE
A.	3PM TEA & MUSIC FROM MOZART@ DICKENS CAFE	2PM PWH SHOP 3PM FAMILY FORTUNES NICKLEBY	3PM PARTY CELEBRATING ELVIS BDAY DORRIT 1	3PM SPURS CHAIR BASED EXERCISE NICKLEBY	3PM DANCING WITH GLADSTONE 5PM SUPPER CLUB @ DICKENS CAFE	2.30PM CHILLING IN THE LOUNGE	3PM ONE TO ONE ACTIVITIES MENU
	10.30AM VISIT FROM 13 THE LITTLE ENGINEERS NURSERY	9AM BREAKFAST CLUB & 14 QUIZ @ DICKENS CAFE 11AM SANJURO TASTER	11.30AM CHAIR 15 BASED EXERCISE WITH CLIVE	11AM 16 REGGAETIVITY @SOPHIA HOUSE	11AM RELAX @ DICKENS 17 CAFÉ 17 3PM DANCING WITH GLADSTONE	11AM ONE TO ONE 18 ACTIVITIES MENU	11AM ONE TO ONE 19 ACTIVITIES MENU
	3PM WORD GAMES & QUIZ	2PM PWH SHOP 5.30PM DINING AROUND THE WORLD @DICKENS CAFE	3PM DART - AWAY	3PM SPURS CHAIR BASED EXERCISE NICKLEBY	5PM SUPPER CLUB @ DICKENS CAFE	2.30PM SDA CHURCH NICKLEBY	2.30PM CANAAN Church Nickleby
	11AM COPPERFIELD 20 CONVERSATION	9AM BREAKFAST CLUB & 21 QUIZ @ DICKENS CAFÉ 21	11.30AM CHAIR BASED EXERCISE WITH CLIVE	11AM ONE TO ONE 23 ACTIVITIES MENU	11AM RELAX @ DICKENS 24	HAPPY CHINESE 25 NEW YEAR	10.30AM CHILLING 26 IN THE LOUNGE
	3PM QUIZ BEE @ DICKENS CAFE	2PM PWH SHOP 3PM CELEBRATING MARTIN LUTHER KING - HAVISHAM	3PM DART - AWAY	3PM SPURS CHAIR BASED EXERCISE NICKLEBY	3PM DANCING WITH GLADSTONE 5PM SUPPER CLUB @ DICKENS CAFE	3PM STOKE NEWINGTON SDA CHURCH	3PM ONE TO ONE ACTIVITIES MENU
in a start	11AM COPPERFIELD 27 CONVERSATION	9AM BREAKFAST CLUB & 28 QUIZ @ DICKENS CAFÉ	11.30AM CHAIR 29 BASED EXERCISE WITH CLIVE	11.45AM LUNCH @JACKSON'S LANE ARTS CENTRE	10.30AM COFFEE MORNING 31 @ DICKENS CAFÉ		
· · · · · · · · · · · · · · · · · · ·	2PM WELLNESS CAFÉ @ALLY PALLY	2PM PWH SHOP 3PM FAMILY FORTUNES NICKLEBY	3PM DART - AWAY	3PM SPURS CHAIR BASED Exercise Nickleby	3PM DANCING WITH GLADSTONE 5PM SUPPER CLUB @ DICKENS CAFE		

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	MONDAY	TUESDAY	Janua WEDNESDAY	<b>r y . 2020.</b>	Dorrit FRIDAY	SATURDAY	SUNDAY
			HAPPY NEW YEAR   2.30PM NEW YEAR   PARTY DORRIT 1	11AM ONE TO ONE 2   ACTIVITIES MENU 3   3PM AROMA HAND MASSAGE	11AM BALLOON3GAMES3PM SOUNDS OF THE60'S DORRIT 25PM SUPPER CLUB @DICKENS CAFE	11AM ONE TO ONE 4 ACTIVITIES MENU 2.30PM CHILLING IN THE LOUNGE	10.30AM CHILLING IN 5 THE LOUNGE 3PM ONE TO ONE ACTIVITIES MENU
A.C.	Ŭ	11AM AROMA HAND7MASSAGE2PM PWH SHOP3PM ONE TO ONEACTIVITIES MENU	10.30 ONE TO ONE 8 ACTIVITIES MENU 3PM PARTY CELEBRATING ELVIS BDAY DORRIT 1	11AM ONE TO ONE ACTIVITIES MENU92.30PM LIVE MUSIC NOW DORRIT 2	11AM BALL GAMES 10 3PM FAB 50'S MUSIC 5PM SUPPER CLUB @ DICKENS CAFE	11AM ONE TO ONE 11 ACTIVITIES MENU 2.30PM CHILLING IN THE LOUNGE	10.30AM CHILLING <b>12</b> IN THE LOUNGE 3PM ONE TO ONE ACTIVITIES MENU
	10.30AM VISIT FROM 13 THE LITTLE ENGINEERS NURSERY COPPERFIELD 2.30PM LOOK GOOD FEEL GOOD	10.30AM POETRY 14 2PM PWH SHOP 5.30PM DINING AROUND THE WORLD @DICKENS CAFE	10.30AM ONE TO ONE ACTIVITIES MENU 3PM HAPPY BIRTHDAY CELIA	10.30AM SARAH & 16 HER KEYBOARD 2.30PM LIVE MUSIC NOW DORRIT 2	11AM OUTDOOR WALKS173PM ART DORRIT 15PM SUPPER CLUB @DICKENS CAFE	11AM ONE TO ONE 18 ACTIVITIES MENU 2.30PM SDA CHURCH NICKLEBY	11AM ONE TO ONE 19 ACTIVITIES MENU 2.30PM CANAAN CHURCH NICKLEBY
	11AM LET'S TALK 20 3PM HAPPY BIRTHDAY SEBASTIAN	11AM AROMA HAND 21 MASSAGE 2PM PWH SHOP 3PM ONE TO ONE ACTIVITIES MENU	10.30AM ONE TO 22 ONE ACTIVITIES MENU 3PM SINGALONG TO YOUR FAVOURITES DORRIT 1	10.30AM SARAH & 23 HER KEYBOARD DORRIT 2 2.30PM LIVE MUSIC NOW DORRIT 2	11AM BALL GAMES 24 3PM HAPPY BIRTHDAY HEZEKIAH 5PM SUPPER CLUB @ DICKENS CAFE	HAPPY CHINESE 25 NEW YEAR 3PM SDA CHURCH COPPERFIELD	10.30AM CHILLING 26 IN THE LOUNGE 3PM ONE TO ONE ACTIVITIES MENU
			10.30AM ONE TO 29 ONE ACTIVITIES MENU 3PM SINGALONG TO THE MUSICALS DORRIT 1	10.30AM SARAH & 30 HER KEYBOARD 3PM AROMA HAND MASSAGE	11AM OUTDOOR31WALKS3PM REGGAE MUSIC5PM SUPPER CLUB @DICKENS CAFE		

	MONDAY	TUESDAY	January.202 WEDNESDAY	THURSDAY	& Pickwick	SATURDAY 11AM ONE TO ONE 4	SUNDAY 10.30AM CHILLING IN 5
			HAPPY NEW YEAR 2.30PM NEW YEAR PARTY DORRIT 1	ACTIVITIES MENU 3PM SPURS CHAIR BASED EXERCISE NICKLEBY	3 11AM JRR TOLKIEN CELEBRATION@DICKENS CAFÉ 3PM MUSIC DORRIT 5PM SUPPER CLUB @ DICKENS CAFE	ACTIVITIES MENU 2.30PM CHILLING IN THE LOUNGE	THE LOUNGE 3PM ONE TO ONE ACTIVITIES MENU
A.C.	11AM 6 AROMA HAND MASSAGE 3PM TEA & MUSIC FROM MOZART @ DICKENS CAFE	9AM BREAKFAST 7 CLUB & QUIZ @ DICKENS CAFÉ 2PM PWH SHOP 3PM PAINTING	11.30AM CHAIR BASED 8   EXERCISE WITH CLIVE COPPERFIELD   3PM PARTY CELEBRATING ELVIS BDAY DORRIT 1	11AM ONE TO ONE 9 ACTIVITIES MENU 2.30PM LIVE MUSIC NOW DORRIT 2	11AM RELAX @ 10 DICKENS CAFÉ 3PM FAB 50'S DORRIT 1 5PM SUPPER CLUB @ DICKENS CAFE	11AM ONE TO ONE 11 ACTIVITIES MENU 2.30PM CHILLING IN THE LOUNGE	10.30AM CHILLING <b>12</b> IN THE LOUNGE 3PM ONE TO ONE ACTIVITIES MENU
	10.30AM VISIT FROM 13 THE LITTLE ENGINEERS NURSERY COPPERFIELD 3PM DARTS & TARGET GAMES	9AM BREAKFAST CLUB 11AM SANJURO TASTER COPPERFIELD 2PM PWH SHOP 5.30PM DINING AROUND THE WORLD @ DICKENS CAFE	11.30AM CHAIR 15 BASED EXERCISE WITH CLIVE COPPERFIELD 3PM WORD GAMES & QUIZ	11AM16REGGAETIVITY@SOPHIA HOUSE@SOPHIA HOUSE2.30PM LIVE MUSIC NOW DORRIT 2	11AM RELAX @ DICKENS 17 CAFÉ 3PM LOOK GOOD FEEL GOOD DORRIT 1 5PM SUPPER CLUB @ DICKENS CAFE	11AM ONE TO ONE 18 ACTIVITIES MENU 2.30PM SDA CHURCH NICKLEBY	11AM ONE TO ONE 19 ACTIVITIES MENU 2.30PM CANAAN CHURCH NICKLEBY
	11AM LOOK GOOD 20 FEEL GOOD 3PM QUIZ BEE@DICKENS CAFE	9AM BREAKFAST 21 CLUB & QUIZ @ DICKENS CAFÉ 2PM PWH SHOP 3PM CELEBRATING MARTIN LUTHER KING	11.30AM CHAIR 22 BASED EXERCISE WITH CLIVE COPPERFIELD 3PM AROMA HAND MASSAGE	11AM ONE TO ONE ACTIVITIES MENU232.30PM LIVE MUSIC NOW DORRIT 2	11AM RELAX @ 24 DICKENS CAFÉ 3PM KARAOKE NICKLEBY 5PM SUPPER CLUB @ DICKENS CAFE	HAPPY CHINESE 25 NEW YEAR 3PM SDA CHURCH COPPERFIELD	10.30AM CHILLING 26 IN THE LOUNGE 3PM ONE TO ONE ACTIVITIES MENU
	11AM LOOK GOOD 27 FEEL GOOD 2PM WELLNESS CAFÉ @ALLY PALLY	9AM BREAKFAST CLUB & QUIZ @ DICKENS CAFÉ 2PM PWH SHOP 3PM DARTS & BALL GAMES	11.30AM CHAIR 29 BASED EXERCISE WITH CLIVE COPPERFIELD 3PM ARTS & CRAFTS	11.45AM LUNCH @ 30 JACKSON'S LANE ARTS CENTRE 3PM HAPPY BIRTHDAY MARY	10.30AM COFFEE 31 MORNING @ DICKENS CAFÉ 3PM REGGAE DORRIT 1 5PM SUPPER CLUB @ DICKENS CAFE		

## January.2020.Nickleby

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X	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
the state			1 HAPPY NEW YEAR	11AM ONE TO ONE 2 ACTIVITIES MENU	3 11AM JRR TOLKIEN BDAY CELEBRATION@DICKENS CAFÉ	11AM ONE TO ONE 4 ACTIVITIES MENU	10.30AM CHILLING IN 5 THE LOUNGE
			2.30PM NEW YEAR PARTY <b>DORRIT 1</b>	3PM SPURS CHAIR BASED EXERCISE	3PM KARAOKE 5PM SUPPER CLUB @ DICKENS CAFE	2.30PM CHILLING IN THE LOUNGE	3PM ONE TO ONE ACTIVITIES MENU
S	11AM CYCLING 6 TARGET & DARTS	9AM BREAKFAST 7 Club & Quiz @ Dickens café	11.30AM CHAIR BASED EXERCISE WITH CLIVE COPPERFIELD	11AM ONE TO ONE 9 ACTIVITIES MENU	11AM RELAX @ DICKENS 10 CAFÉ 10	11AM ONE TO ONE 11 ACTIVITIES MENU	10.30AM CHILLING 12 IN THE LOUNGE
1	3PM TEA & MUSIC FROM MOZART @ DICKENS CAFE	2PM PWH SHOP 3PM FAMILY FORTUNES	3PM PARTY CELEBRATING ELVIS BDAY DORRIT 1	3PM SPURS CHAIR BASED EXERCISE	SPM SUPPER CLUB @ DICKENS CAFE	2.30PM CHILLING IN THE LOUNGE	3PM ONE TO ONE ACTIVITIES MENU
	10.30AM VISIT FROM 13 THE LITTLE ENGINEERS NURSERY COPPERFIELD 3PM WORD GAMES & QUIZ	9AM BREAKFAST CLUB @ 14 DICKENS CAFE 11AM SANJURO TASTER COPPERFIELD 2PM PWH SHOP 5.30PM DINING AROUND THE WORLD @DICKENS CAFE	11.30AM CHAIR BASED EXERCISE WITH CLIVE COPPERFIELD 3PM ART CLUB	11AM16REGGAETIVITY@SOPHIA HOUSE3PM SPURS CHAIRBASED EXERCISE	11AM RELAX @ DICKENS 17   CAFÉ 17   3PM DANCING WITH MOHAMMED 5PM SUPPER CLUB @ DICKENS   CAFE 1000000000000000000000000000000000000	11AM ONE TO ONE 18 ACTIVITIES MENU 2.30PM SDA CHURCH NICKLEBY	11AM ONE TO ONE 19 ACTIVITIES MENU 2.30PM CANAAN CHURCH NICKLEBY
	11AM CYCLING TARGET & DARTS 3PM QUIZ BEE@DICKENS CAFE	9AM BREAKFAST CLUB & 21 QUIZ @ DICKENS CAFÉ 21 2PM PWH SHOP 3PM HAPPY BIRTHDAY MOHAMMED	11.30AM CHAIR BASED EXERCISE WITH CLIVE COPPERFIELD 3PM ART CLUB	11AM ONE TO ONE 23 ACTIVITIES MENU 3PM SPURS CHAIR BASED EXERCISE	11AM RELAX @ DICKENS CAFÉ243PM KARAOKE3PM KARAOKE5PM SUPPER CLUB @ DICKENS CAFE	HAPPY CHINESE 25 NEW YEAR 3PM STOKE NEWINGTON SDA CHURCH	10.30AM CHILLING 26 IN THE LOUNGE 3PM ONE TO ONE ACTIVITIES MENU
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	11AM CYCLING 27 TARGET & DARTS 27 2PM WELLNESS CAFÉ	9AM BREAKFAST 28 CLUB & QUIZ @ DICKENS CAFÉ 2PM PWH SHOP	11.30AM CHAIR 29 BASED EXERCISE WITH CLIVE COPPERFIELD	11.45AM LUNCH @JACKSON'S LANE ARTS 30 CENTRE 1.30PM TEADANCE @ THE IRISH CENTRE 3PM SPURS CHAIR BASED	10.30AM COFFEE MORNING 31 @ DICKENS CAFÉ 31 3PM DANCING WITH MOHAMMED 5PM SUPPER CLUB @ DICKENS		
10.	@ALLY PALLY	3PM FAMILY FORTUNES	3PM ART CLUB	3PM SPURS CHAIR BASED EXERCISE	CAFE	at the	1.