# **OCTOBER**

• 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup>, 23<sup>rd</sup> & 30<sup>th</sup> - Seated Exercise with Clive on Copperfield - 11.30am

- 3<sup>rd</sup> National Poetry Day Reading and Writing @ Dickens Cafe 11am
- 3<sup>rd</sup>, 24<sup>th</sup>, 31<sup>st</sup> Live Music Now Dorrit 2 2-5pm
- 4th World Smile Day Smiley Self Portraits Dickens Cafe 11am
- 4th World Animal Day Wildlife Documentary Screening Copperfield 2.30pm
- 6<sup>th</sup> Silver Sunday Afternoon Tea Celebrating the Lives & Achievements of our Residents Dickens Cafe 2.30pm
- 9th Dining Around the World Thai Night Dickens Cafe 5.30pm
- 15th Black History Month Film (a) Multifunction Room 2.30pm
- 17th Black History Month International Day Celebration @ Peregrine House 2.30-6pm
- 19th SDA Seventh-Day Adventist Church Nickleby 2.30pm
- 20th Canaan Church Service Nickleby 2.30pm
- 23rd Haringey Care Homes Quiz @ Bee Spring Lane Care Home 2.30pm
- 24th Gentlemen Prefer Blondes @ Crouch End Picture House 11am
- 25th Wear it Pink Coffee Morning @ Dickens' Cafe 11am
- 28th National Chocolate Day Sweet Treats on All Units 3pm
- 31st Tickled Pink Productions Cabaret Dorrit 1 11am
- 31st Halloween Celebrations All Units 3pm



## OCTOBER 2019 - COPPERFIELD UNIT

| Tue 1                  | Wed 2             | Thu 3               | Fri 4              | Sat 5              | Sun 6              | Mon 7                  | Tue 8             | Wed 9             | Thu 10                 |
|------------------------|-------------------|---------------------|--------------------|--------------------|--------------------|------------------------|-------------------|-------------------|------------------------|
| 9.00 BREAKFAST         | 9.00 BREAKFAST    | 9.00 BREAKFAST      | 9.00 BREAKFAST     | 9.00 BREAKFAST     | 9.00 BREAKFAST     | 9.00 BREAKFAST         | 9.00 BREAKFAST    | 9.00 BREAKFAST    | 9.00 BREAKFAST         |
| CLUB AT                |                   | 11.00 NATIONAL      | 11.00 SMILE DAY    |                    |                    |                        | CLUB AT           |                   |                        |
| DICKENS CAFE           | 11.30 EXERCISES   | POETRY DAY          | SMILEY PORTRAITS   | 10.30 ONE TO ONE   | 10.30 ONE TO ONE   | 11.00 GO NUTS          | DICKENS CAFE      | 11.30 EXERCISES   | 10.30 ONE TO ONE       |
| 10.30 ONE TO ONE       | WITH CLIVE        | READING & WRITING   | DICKENS CAFE       | ACTIVITIES MENU    | ACTIVITIES MENU    | FOR DONUTS             | 10.30 GAMES AT    | WITH CLIVE        | <b>ACTIVITIES MENU</b> |
| <b>ACTIVITIES MENU</b> | COPPERFIELD       | DICKENS CAFE        | 13.00 LUNCH        |                    |                    |                        | DICKENS CAFE      | COPPERFIELD       |                        |
| 13.00 LUNCH            | 13.00 LUNCH       | 13.00 LUNCH         | 2.30 WILDLIFE      | 13.00 LUNCH        | 13.00 LUNCH        | 13.00 LUNCH            | 13.00 LUNCH       | 13.00 LUNCH       | 13.00 LUNCH            |
|                        |                   |                     | SCREENING          |                    | 2.30 SILVER SUNDAY |                        |                   | 2.30 DART-AWAY    |                        |
| 2.00 PWH SHOP          | 2.30 DART-AWAY    | 2.30 EXERCISES WITH | COPPERFIELD        | 2.30 ONE TO ONE    | AFTERNOON TEA      | 2.30 MOVE TO           | 2.00 PWH SHOP     | COPPERFIELD       | 2.30 EXERCISES WITH    |
| 2.30 PWH PICTURES      | COPPERFIELD       | SPURS - NICKLEBY    | 5.00 FISH & CHIPS  | ACTIVITIES MENU    | DICKENS CAFE       | THE BEAT               | 2.30 PWH PICTURES | 5.30 THAI NIGHT   | SPURS - NICKLEBY       |
| COPPERFIELD            |                   |                     | CLUB DICKENS CAFE  |                    |                    | COPPERFIELD            | COPPERFIELD       | DICKENS CAFÉ      |                        |
|                        |                   |                     |                    |                    | MALNUTF            | RITION AWAREN          | NESS WEEK         |                   |                        |
| Fri 11                 | Sat 12            | Sun 13              | Mon 14             | Tue 15             | Wed 16             | Thu 17                 | Fri 18            | Sat 19            | Sun 20                 |
| 9.00 BREAKFAST         | 9.00 BREAKFAST    | 9.00 BREAKFAST      | 9.00 BREAKFAST     | 9.00 BREAKFAST     | 9.00 BREAKFAST     | 9.00 BREAKFAST         | 9.00 BREAKFAST    | 9.00 BREAKFAST    | 9.00 BREAKFAST         |
|                        |                   |                     |                    | CLUB AT            |                    | 10.30 ONE TO ONE       |                   |                   |                        |
| 11.00 WALK TO          | 10.30 ONE TO ONE  | 10.30 ONE TO ONE    | 11.00 GO NUTS      | DICKENS CAFE       | 11.30 EXERCISES    | <b>ACTIVITIES MENU</b> | 11.00 WALK TO     | 10.30 ONE TO ONE  | 10.30 ONE TO ONE       |
| THE CAFE               | ACTIVITIES MENU   | ACTIVITIES MENU     | FOR DONUTS         | 10.30 GAMES AT     | WITH CLIVE         | 13.00 LUNCH            | THE CAFE          | ACTIVITIES MENU   | ACTIVITIES MENU        |
| 13.00 LUNCH            |                   |                     |                    | DICKENS CAFE       | COPPERFIELD        | 2.30 BLACK HISTORY     | 13.00 LUNCH       |                   |                        |
| 3.00 HAPPY             | 13.00 LUNCH       | 13.00 LUNCH         | 13.00 LUNCH        | 13.00 LUNCH        | 13.00 LUNCH        | MONTH                  |                   | 13.00 LUNCH       | 13.00 LUNCH            |
| BIRTHDAY               |                   |                     |                    | 2.00 PWH SHOP      |                    | CELEBRATION            | 2.30 KARAOKE      | 2.30 SDA SEVENTH  |                        |
| GIORGI                 | 2.30 SDA STOKE    | 3.00 HAPPY          | 2.30 MOVE TO       | 2.30 BLACK HISTORY | 2.30 DART-AWAY     | PEREGRINE HOUSE        | COPPERFIELD       | DAY ADVENTIST     | 2.30 CANAAN            |
| 5.00 FISH & CHIPS      | NEWINGTON         | BIRTHDAY            | THE BEAT           | MONTH FILM         | COPPERFIELD        | 2.30 EXERCISE WITH     | 5.00 FISH & CHIPS | CHURCH            | CHURCH SERVICE         |
| CLUB DICKENS CAFE      | CHURCH            | ANN                 | COPPERFIELD        | MULTIFUNCTION      |                    | SPURS - NICKLEBY       | CLUB DICKENS CAFE | NICKLEBY          | NICKLEBY               |
| Mon 21                 | Tue 22            | Wed 23              | Thu 24             | Fri 25             | Sat 26             | Sun 27                 | Mon 28            | Tue 29            | Wed 30                 |
| 9.00 BREAKFAST         | 9.00 BREAKFAST    | 9.00 BREAKFAST      | 9.00 BREAKFAST     | 9.00 BREAKFAST     | 9.00 BREAKFAST     | 9.00 BREAKFAST         | 9.00 BREAKFAST    | 9.00 BREAKFAST    | 9.00 BREAKFAST         |
|                        | CLUB AT           |                     | 11.00 GENTLEMEN    | 11.00 WEAR IT PINK |                    |                        |                   | CLUB AT           |                        |
| 11.00 GO NUTS          | DICKENS CAFE      | 11.30 EXERCISES     | PREFER BLONDES     | COFFEE MORNING     | 10.30 ONE TO ONE   | 10.30 ONE TO ONE       | 11.00 GO NUTS     | DICKENS CAFE      | 11.30 EXERCISES        |
| FOR DONUTS             | 10.30 GAMES AT    | WITH CLIVE          | CROUICH END        | DICKENS CAFE       | ACTIVITIES MENU    | ACTIVITIES MENU        | FOR DONUTS        | 10.30 GAMES AT    | WITH CLIVE             |
|                        | DICKENS CAFE      | COPPERFIELD         | PICTURE HOUSE      | 13.00 LUNCH        |                    |                        |                   | DICKENS CAFE      | COPPERFIELD            |
| 13.00 LUNCH            | 13.00 LUNCH       | 13.00 LUNCH         | 13.00 LUNCH        |                    | 13.00 LUNCH        | 13.00 LUNCH            | 13.00 LUNCH       | 13.00 LUNCH       | 13.00 LUNCH            |
|                        |                   |                     |                    | 2.30 KARAOKE       |                    |                        | 3.00 NATIONAL     |                   |                        |
| 2.30 MOVE TO           | 2.00 PWH SHOP     | 2.30 HARINGEY CARE  | 2.30 EXERCISE WITH | COPPERFIELD        | 2.30 ONE TO ONE    | 2.30 CHILLING IN       | CHOCOLATE DAY     | 2.00 PWH SHOP     | 2.30 DART-AWAY         |
| THE BEAT               | 2.30 PWH PICTURES | HOMES QUIZ BEE      | SPURS - NICKLEBY   | 5.00 FISH & CHIPS  | ACTIVITIES MENU    | THE LOUNGE             | SWEET TREATS      | 2.30 PWH PICTURES | COPPERFIELD            |
| COPPERFIELD            | COPPERFIELD       | SPRING LANE         |                    | CLUB DICKENS CAFE  |                    |                        | ALL UNITS         | COPPERFIELD       |                        |
| Thu 31                 |                   |                     |                    |                    |                    |                        |                   |                   |                        |

Thu. - 31

9.00 BREAKFAST
11.00 ABBA
CABARET SHOW
DORRIT 1
13.00 LUNCH

13.00 LUNCH
2.30 EXERCISE WITH
SPURS - NICKLEBY
3.00 HALLOWEEN
CELEBRATIONS
ALL UNITS















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## OCTOBER 2019 - DORRIT UNIT

| Tue 1             | Wed 2             | Thu 3              | Fri 4             | Sat 5              | Sun 6              | Mon 7                    | Tue 8             | Wed 9                           | Thu 10             |
|-------------------|-------------------|--------------------|-------------------|--------------------|--------------------|--------------------------|-------------------|---------------------------------|--------------------|
| 9.00 BREAKFAST    | 9.00 BREAKFAST    | 9.00 BREAKFAST     | 9.00 BREAKFAST    | 9.00 BREAKFAST     | 9.00 BREAKFAST     | 9.00 BREAKFAST           | 9.00 BREAKFAST    | 9.00 BREAKFAST                  | 9.00 BREAKFAST     |
| CLUB AT           |                   | 10.30 SARAH PLAYS  | 11.00 SMILE DAY   |                    |                    |                          | CLUB AT           |                                 | 10.30 SARAH PLAYS  |
| DICKENS CAFE      | 11.00 PAMPERING   | KEYBOARD           | SMILEY PORTRAITS  | 10.30 ONE TO ONE   | 10.30 ONE TO ONE   | 10.30 ONE TO ONE         | DICKENS CAFE      | 10.30 ACTIVITIES                | KEYBOARD           |
| 10.30 ONE TO ONE  | DORRIT            | DORRIT 2           | DICKENS CAFE      | ACTIVITIES MENU    | ACTIVITIES MENU    | ACTIVITIES MENU          | 10.30 ONE TO ONE  | OF DAILY                        | DORRIT 2           |
| ACTIVITIES MENU   |                   |                    | 13.00 LUNCH       |                    | 13.00 LUNCH        |                          | ACTIVITIES MENU   | LIVING                          |                    |
| 13.00 LUNCH       | 13.00 LUNCH       | 13.00 LUNCH        | 2.30 WILDLIFE     | 13.00 LUNCH        | 2.30 SILVER SUNDAY | 13.00 LUNCH              | 13.00 LUNCH       | 13.00 LUNCH                     | 13.00 LUNCH        |
|                   |                   |                    | SCREENING         |                    | AFTERNOON TEA      |                          |                   | 2.30 BIBLE READING              |                    |
| 2.00 PWH SHOP     | 2.30 LET'S TALK   | 2.00 LIVE MUSIC    | COPPERFIELD       | 2.30 ONE TO ONE    | DICKENS CAFE       | 3.00 MOVEMENT            | 2.00 PWH SHOP     | & PRAISE                        | 3.00 HAPPY         |
| 3.00 HAND MASSAGE | DORRIT 1          | NOW                | 5.00 FISH & CHIPS | ACTIVITIES MENU    | 3.00 HAPPY BDAY    | TO MUSIC                 | 3.00 HAND MASSAGE | 5.30 THAI NIGHT                 | BIRTHDAY           |
| & RELAXATION      |                   | DORRIT 2           | CLUB DICKENS CAFE |                    | DAVID              | DORRIT 1                 | & RELAXATION      | DICKENS CAFÉ                    | GLADYS             |
|                   |                   |                    |                   |                    | MALNUTE            | RITION AWAREN            | NESS WEEK         |                                 |                    |
| Fri 11            | Sat 12            | Sun 13             | Mon 14            | Tue 15             | Wed 16             | Thu 17                   | Fri 18            | Sat 19                          | Sun 20             |
| 9.00 BREAKFAST    | 9.00 BREAKFAST    | 9.00 BREAKFAST     | 9.00 BREAKFAST    | 9.00 BREAKFAST     | 9.00 BREAKFAST     | 9.00 BREAKFAST           | 9.00 BREAKFAST    | 9.00 BREAKFAST                  | 9.00 BREAKFAST     |
|                   |                   |                    |                   | CLUB AT            |                    | 10.30 SARAH PLAYS        |                   |                                 |                    |
| 11.00 WALK TO     | 10.30 ONE TO ONE  | 10.30 ONE TO ONE   | 10.30 ONE TO ONE  | DICKENS CAFE       | 11.30 EXERCISES    | KEYBOARD                 | 11.00 WALK TO     | 10.30 ONE TO ONE                | 10.30 ONE TO ONE   |
| THE CAFE          | ACTIVITIES MENU   | ACTIVITIES MENU    | ACTIVITIES MENU   | 10.30 GAMES AT     | WITH CLIVE         | DORRIT 2                 | THE CAFE          | ACTIVITIES MENU                 | ACTIVITIES MENU    |
| 13.00 LUNCH       | 42.00.11111011    | 42.00.1111011      | 42.00.11111011    | DICKENS CAFE       | COPPERFIELD        | 13.00 LUNCH              | 13.00 LUNCH       | 42.00.11181011                  | 42.00.11181011     |
| 2.30 SINGALONG TO | 13.00 LUNCH       | 13.00 LUNCH        | 13.00 LUNCH       | 13.00 LUNCH        | 13.00 LUNCH        | 2.30 BLACK HISTORY MONTH | 2.30 SINGALONG TO | 13.00 LUNCH<br>2.30 SDA SEVENTH | 13.00 LUNCH        |
| THE MUSICALS      | 2.30 ONE TO ONE   | 2.30 CHILLING IN   | 3.00 MOVEMENT     | 2.00 PWH SHOP      | 2.30 BIBLE READING | PEREGRINE HOUSE          | THE MUSICALS      | DAY ADVENTIST                   | 2.30 CANAAN        |
| 5.00 FISH & CHIPS | ACTIVITIES MENU   | THE LOUNGE         | TO MUSIC          | 3.00 HAND MASSAGE  | & PRAISE           | 2.30 ONE TO ONE          | 5.00 FISH & CHIPS | CHURCH                          | CHURCH SERVICE     |
| CLUB DICKENS CAFE | ACTIVITIES WIENO  | THE ECONGE         | DORRIT 1          | & RELAXATION       | Q I NAISE          | ACTIVITIES MENU          | CLUB DICKENS CAFE | NICKLEBY                        | NICKLEBY           |
| Mon 21            | Tue 22            | Wed 23             | Thu 24            | Fri 25             | Sat 26             | Sun 27                   | Mon 28            | Tue 29                          | Wed 30             |
| 9.00 BREAKFAST    | 9.00 BREAKFAST    | 9.00 BREAKFAST     |                   | 9.00 BREAKFAST     | 9.00 BREAKFAST     | 9.00 BREAKFAST           | 9.00 BREAKFAST    | 9.00 BREAKFAST                  | 9.00 BREAKFAST     |
| SIGO BILLARI AST  | CLUB AT           | 10.30 ACTIVITIES   |                   | 11.00 WEAR IT PINK | SIGO DILLARI AST   | SIGO DILLARI AST         | SIGO BREAKI AST   | CLUB AT                         | 10.30 ACTIVITIES   |
| 10.30 ONE TO ONE  | DICKENS CAFE      | OF DAILY           | KEYBOARD          | COFFEE MORNING     | 10.30 ONE TO ONE   | 10.30 ONE TO ONE         | 10.30 ONE TO ONE  | DICKENS CAFE                    | OF DAILY           |
| ACTIVITIES MENU   | 10.30 ONE TO ONE  | LIVING             | DORRIT 2          | DICKENS CAFE       | ACTIVITIES MENU    | ACTIVITIES MENU          |                   | 10.30 ONE TO ONE                | LIVING             |
|                   | ACTIVITIES MENU   |                    |                   | 13.00 LUNCH        |                    |                          |                   | ACTIVITIES MENU                 |                    |
| 13.00 LUNCH       | 13.00 LUNCH       | 13.00 LUNCH        | 13.00 LUNCH       |                    | 13.00 LUNCH        | 13.00 LUNCH              | 13.00 LUNCH       | 13.00 LUNCH                     | 13.00 LUNCH        |
|                   |                   |                    |                   | 2.30 SINGALONG TO  |                    |                          | 3.00 NATIONAL     |                                 |                    |
| 3.00 MOVEMENT     | 2.00 PWH SHOP     | 2.30 BIBLE READING | 2.00 LIVE MUSIC   | THE MUSICALS       | 2.30 ONE TO ONE    | 2.30 CHILLING IN         | CHOCOLATE DAY     | 2.00 PWH SHOP                   | 2.30 BIBLE READING |
| TO MUSIC          | 2.30 PWH PICTURES | & PRAISE           | NOW               | 5.00 FISH & CHIPS  | ACTIVITIES MENU    | THE LOUNGE               | SWEET TREATS      | 3.00 HAND MASSAGE               | & PRAISE           |
| DORRIT 1          | DORRIT 1          |                    | DORRIT 2          | CLUB DICKENS CAFE  |                    |                          | ALL UNITS         | & RELAXATION                    |                    |
| Th 21             |                   |                    |                   |                    |                    |                          |                   |                                 | •                  |

Thu. - 31

9.00 BREAKFAST 11.00 ABBA CABARET SHOW DORRIT 1

13.00 LUNCH
2.30 LIVE MUSIC NOW
DORRIT 2
3.00 HALLOWEEN
CELEBRATIONS
ALL UNITS















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### OCTOBER 2019 - NICKLEBY UNIT

|                   | COTOBER 2019 TRICINEED 1 CTVII |                     |                    |                    |                    |                    |                   |                   |                     |  |
|-------------------|--------------------------------|---------------------|--------------------|--------------------|--------------------|--------------------|-------------------|-------------------|---------------------|--|
| Tue 1             | Wed 2                          | Thu 3               | Fri 4              | Sat 5              | Sun 6              | Mon 7              | Tue 8             | Wed 9             | Thu 10              |  |
| 9.00 BREAKFAST    | 9.00 BREAKFAST                 | 9.00 BREAKFAST      | 9.00 BREAKFAST     | 9.00 BREAKFAST     | 9.00 BREAKFAST     | 9.00 BREAKFAST     | 9.00 BREAKFAST    | 9.00 BREAKFAST    | 9.00 BREAKFAST      |  |
| CLUB AT           |                                | 11.00 NATIONAL      | 11.00 SMILE DAY    |                    |                    |                    | CLUB AT           |                   |                     |  |
| DICKENS CAFE      | 11.30 EXERCISES                | POETRY DAY          | SMILEY PORTRAITS   | 10.30 ONE TO ONE   | 10.30 ONE TO ONE   | 11.00 GO NUTS      | DICKENS CAFE      | 11.30 EXERCISES   | 10.30 ONE TO ONE    |  |
| 10.30 ONE TO ONE  | WITH CLIVE                     | READING & WRITING   | DICKENS CAFE       | ACTIVITIES MENU    | ACTIVITIES MENU    | FOR DONUTS         | 10.30 GAMES AT    | WITH CLIVE        | ACTIVITIES MENU     |  |
| ACTIVITIES MENU   | COPPERFIELD                    |                     | 13.00 LUNCH        |                    |                    |                    | DICKENS CAFE      | COPPERFIELD       |                     |  |
| 13.00 LUNCH       | 13.00 LUNCH                    | 13.00 LUNCH         | 2.30 WILDLIFE      | 13.00 LUNCH        | 13.00 LUNCH        | 13.00 LUNCH        | 13.00 LUNCH       | 13.00 LUNCH       | 13.00 LUNCH         |  |
|                   |                                |                     | SCREENING          |                    | 2.30 SILVER SUNDAY |                    |                   | 2.30 DART-AWAY    |                     |  |
|                   | 2.30 BOWLING                   | 2.30 EXERCISES WITH | COPPERFIELD        | 2.30 ONE TO ONE    | AFTERNOON TEA      | 2.30 MOVE TO       | 2.00 PWH SHOP     | COPPERFIELD       | 2.30 EXERCISES WITH |  |
| 2.30 PWH PICTURES | NICKLEBY                       | SPURS - NICKLEBY    | 5.00 FISH & CHIPS  | ACTIVITIES MENU    | DICKENS CAFE       |                    |                   | 5.30 THAI NIGHT   | SPURS - NICKLEBY    |  |
| COPPERFIELD       |                                |                     | CLUB DICKENS CAFE  |                    |                    | COPPERFIELD        | COPPERFIELD       | DICKENS CAFÉ      |                     |  |
|                   |                                |                     |                    |                    | MALNUTE            | RITION AWAREN      | NESS WEEK         |                   |                     |  |
| Fri 11            | Sat 12                         | Sun 13              | Mon 14             | Tue 15             | Wed 16             | Thu 17             | Fri 18            | Sat 19            | Sun 20              |  |
| 9.00 BREAKFAST    | 9.00 BREAKFAST                 | 9.00 BREAKFAST      | 9.00 BREAKFAST     | 9.00 BREAKFAST     | 9.00 BREAKFAST     | 9.00 BREAKFAST     | 9.00 BREAKFAST    | 9.00 BREAKFAST    | 9.00 BREAKFAST      |  |
|                   |                                |                     |                    | CLUB AT            |                    | 10.30 ONE TO ONE   |                   |                   |                     |  |
| 11.00 WALK TO     | 10.30 ONE TO ONE               | 10.30 ONE TO ONE    | 11.00 GO NUTS      | DICKENS CAFE       | 11.30 EXERCISES    | ACTIVITIES MENU    | 11.00 WALK TO     | 10.30 ONE TO ONE  | 10.30 ONE TO ONE    |  |
| THE CAFE          | ACTIVITIES MENU                | ACTIVITIES MENU     | FOR DONUTS         | 10.30 GAMES AT     | WITH CLIVE         | 13.00 LUNCH        | THE CAFE          | ACTIVITIES MENU   | ACTIVITIES MENU     |  |
| 13.00 LUNCH       |                                |                     |                    | DICKENS CAFE       | COPPERFIELD        | 2.30 BLACK HISTORY | 13.00 LUNCH       |                   |                     |  |
|                   | 13.00 LUNCH                    | 13.00 LUNCH         | 13.00 LUNCH        | 13.00 LUNCH        | 13.00 LUNCH        | MONTH              |                   | 13.00 LUNCH       | 13.00 LUNCH         |  |
| BIRTHDAY          |                                |                     |                    | 2.00 PWH SHOP      |                    |                    |                   | 2.30 SDA SEVENTH  |                     |  |
|                   | 2.30 ONE TO ONE                |                     | 2.30 MOVE TO       | 2.30 BLACK HISTORY | 2.30 DART-AWAY     | PEREGRINE HOUSE    | COPPERFIELD       | DAY ADVENTIST     | 2.30 CANAAN         |  |
| 5.00 FISH & CHIPS | ACTIVITIES MENU                | THE LOUNGE          | THE BEAT           | MONTH FILM         | COPPERFIELD        |                    | 5.00 FISH & CHIPS | CHURCH            | CHURCH SERVICE      |  |
| CLUB DICKENS CAFE |                                |                     | COPPERFIELD        | MULTIFUNCTION      |                    | SPURS - NICKLEBY   | CLUB DICKENS CAFE | NICKLEBY          | NICKLEBY            |  |
| Mon 21            | Tue 22                         | Wed 23              | Thu 24             | Fri 25             | Sat 26             | Sun 27             | Mon 28            | Tue 29            | Wed 30              |  |
| 9.00 BREAKFAST    | 9.00 BREAKFAST                 | 9.00 BREAKFAST      | 9.00 BREAKFAST     | 9.00 BREAKFAST     | 9.00 BREAKFAST     | 9.00 BREAKFAST     | 9.00 BREAKFAST    | 9.00 BREAKFAST    | 9.00 BREAKFAST      |  |
|                   | CLUB AT                        |                     | 11.00 GENTLEMEN    | 11.00 WEAR IT PINK |                    |                    |                   | CLUB AT           |                     |  |
| 11.00 GO NUTS     | DICKENS CAFE                   | 11.30 EXERCISES     | PREFER BLONDES     | COFFEE MORNING     | 10.30 ONE TO ONE   | 10.30 ONE TO ONE   | 11.00 GO NUTS     | DICKENS CAFE      | 11.30 EXERCISES     |  |
| FOR DONUTS        | 10.30 GAMES AT                 | WITH CLIVE          | CROUICH END        | DICKENS CAFE       | ACTIVITIES MENU    | ACTIVITIES MENU    | FOR DONUTS        | 10.30 GAMES AT    | WITH CLIVE          |  |
|                   | DICKENS CAFE                   | COPPERFIELD         | PICTURE HOUSE      | 13.00 LUNCH        |                    |                    |                   | DICKENS CAFE      | COPPERFIELD         |  |
| 13.00 LUNCH       | 13.00 LUNCH                    | 13.00 LUNCH         | 13.00 LUNCH        |                    | 13.00 LUNCH        |                    |                   | 13.00 LUNCH       | 13.00 LUNCH         |  |
|                   |                                |                     |                    | 2.30 KARAOKE       |                    |                    | 3.00 NATIONAL     |                   |                     |  |
| 2.30 MOVE TO      | 2.00 PWH SHOP                  | 2.30 HARINGEY CARE  | 2.30 EXERCISE WITH | COPPERFIELD        | 2.30 ONE TO ONE    |                    |                   | 2.00 PWH SHOP     | 2.30 DART-AWAY      |  |
| THE BEAT          | 2.30 PWH PICTURES              | HOMES QUIZ BEE      | SPURS - NICKLEBY   | 5.00 FISH & CHIPS  | ACTIVITIES MENU    | THE LOUNGE         |                   | 2.30 PWH PICTURES | COPPERFIELD         |  |
| COPPERFIELD       | COPPERFIELD                    | SPRING LANE         |                    | CLUB DICKENS CAFE  |                    |                    | ALL UNITS         | COPPERFIELD       | I                   |  |

9.00 BREAKFAST 11.00 ABBA **CABARET SHOW** DORRIT 1 13.00 LUNCH

Thu. - 31

2.30 EXERCISE WITH SPURS - NICKLEBY 3.00 HALLOWEEN **CELEBRATIONS** ALL UNITS















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### OCTOBER 2019 - HAVISHAM & PICKWICK UNIT

| Tue 1             | Wed 2            | Thu 3               | Fri 4              | Sat 5              | Sun 6              | Mon 7              | Tue 8             | Wed 9            | Thu 10              |  |  |
|-------------------|------------------|---------------------|--------------------|--------------------|--------------------|--------------------|-------------------|------------------|---------------------|--|--|
| 9.00 BREAKFAST    | 9.00 BREAKFAST   | 9.00 BREAKFAST      | 9.00 BREAKFAST     | 9.00 BREAKFAST     | 9.00 BREAKFAST     | 9.00 BREAKFAST     | 9.00 BREAKFAST    | 9.00 BREAKFAST   | 9.00 BREAKFAST      |  |  |
| CLUB AT           |                  | 11.00 NATIONAL      | 11.00 SMILE DAY    |                    |                    |                    | CLUB AT           |                  |                     |  |  |
| DICKENS CAFE      | 11.30 EXERCISES  | POETRY DAY          | SMILEY PORTRAITS   | 10.30 ONE TO ONE   | 10.30 ONE TO ONE   | 11.00 ART GROUP    | DICKENS CAFE      | 11.30 EXERCISES  | 10.30 ONE TO ONE    |  |  |
| 10.30 ONE TO ONE  | WITH CLIVE       | READING & WRITING   | DICKENS CAFE       | ACTIVITIES MENU    | ACTIVITIES MENU    | HAVISHAM           | 10.30 GAMES AT    | WITH CLIVE       | ACTIVITIES MENU     |  |  |
| ACTIVITIES MENU   | COPPERFIELD      | DICKENS CAFE        | 13.00 LUNCH        |                    |                    |                    | DICKENS CAFE      | COPPERFIELD      |                     |  |  |
| 13.00 LUNCH       | 13.00 LUNCH      | 13.00 LUNCH         |                    | 13.00 LUNCH        | 13.00 LUNCH        | 13.00 LUNCH        | 13.00 LUNCH       | 13.00 LUNCH      | 13.00 LUNCH         |  |  |
|                   |                  |                     | 2.30 BOWLING       |                    | 2.30 SILVER SUNDAY |                    | 2.00 PWH SHOP     | 2.30 BALLOON     |                     |  |  |
| 2.00 PWH SHOP     | 2.30 BALLOON     | 2.30 EXERCISES WITH | HAVISHAM           | 2.30 ONE TO ONE    | AFTERNOON TEA      | 2.30 DART-AWAY     | 2.30 WHAT'S THAT  | VOLLEYBALL       | 2.30 EXERCISES WITH |  |  |
| 2.30 PWH PICTURES | VOLLEYBALL       | SPURS - NICKLEBY    | 5.00 FISH & CHIPS  | ACTIVITIES MENU    | DICKENS CAFE       | HAVISHAM           | TUNE              | 5.30 THAI NIGHT  | SPURS - NICKLEBY    |  |  |
| COPPERFIELD       | HAVISHAM         |                     | CLUB DICKENS CAFE  |                    |                    |                    | HAVISHAM          | DICKENS CAFÉ     |                     |  |  |
|                   |                  |                     |                    |                    | MALNUTE            | RITION AWAREN      | NESS WEEK         | ESS WEEK         |                     |  |  |
| Fri 11            | Sat 12           | Sun 13              | Mon 14             | Tue 15             | Wed 16             | Thu 17             | Fri 18            | Sat 19           | Sun 20              |  |  |
| 9.00 BREAKFAST    | 9.00 BREAKFAST   | 9.00 BREAKFAST      | 9.00 BREAKFAST     | 9.00 BREAKFAST     | 9.00 BREAKFAST     | 9.00 BREAKFAST     | 9.00 BREAKFAST    | 9.00 BREAKFAST   | 9.00 BREAKFAST      |  |  |
|                   |                  |                     |                    | CLUB AT            |                    | 10.30 ONE TO ONE   |                   |                  |                     |  |  |
| 11.00 WALK TO     | 10.30 ONE TO ONE | 10.30 ONE TO ONE    | 11.00 ART GROUP    | DICKENS CAFE       | 11.30 EXERCISES    | ACTIVITIES MENU    | 11.00 WALK TO     | 10.30 ONE TO ONE | 10.30 ONE TO ONE    |  |  |
| THE CAFE          | ACTIVITIES MENU  | ACTIVITIES MENU     | HAVISHAM           | 10.30 GAMES AT     | WITH CLIVE         | 13.00 LUNCH        | THE CAFE          | ACTIVITIES MENU  | ACTIVITIES MENU     |  |  |
| 13.00 LUNCH       |                  |                     |                    | DICKENS CAFE       | COPPERFIELD        | 2.30 BLACK HISTORY | 13.00 LUNCH       |                  |                     |  |  |
|                   | 13.00 LUNCH      | 13.00 LUNCH         | 13.00 LUNCH        | 13.00 LUNCH        | 13.00 LUNCH        | MONTH              |                   | 13.00 LUNCH      | 13.00 LUNCH         |  |  |
| 2.30 BOWLING      |                  |                     |                    | 2.00 PWH SHOP      |                    | CELEBRATION        | 2.30 BOWLING      | 2.30 SDA SEVENTH |                     |  |  |
| HAVISHAM          | 2.30 ONE TO ONE  | 2.30 CHILLING IN    | 2.30 DART-AWAY     | 2.30 BLACK HISTORY | 2.30 BALLOON       | PEREGRINE HOUSE    | HAVISHAM          | DAY ADVENTIST    | 2.30 CANAAN         |  |  |
| 5.00 FISH & CHIPS | ACTIVITIES MENU  | THE LOUNGE          | HAVISHAM           | MONTH FILM         | VOLLEYBALL         | 2.30 EXERCISE WITH | 5.00 FISH & CHIPS | CHURCH           | CHURCH SERVICE      |  |  |
| CLUB DICKENS CAFE |                  |                     |                    | MULTIFUNCTION      | HAVISHAM           | SPURS - NICKLEBY   | CLUB DICKENS CAFE | NICKLEBY         | NICKLEBY            |  |  |
| Mon 21            | Tue 22           | Wed 23              | Thu 24             | Fri 25             | Sat 26             | Sun 27             | Mon 28            | Tue 29           | Wed 30              |  |  |
| 9.00 BREAKFAST    | 9.00 BREAKFAST   | 9.00 BREAKFAST      | 9.00 BREAKFAST     | 9.00 BREAKFAST     | 9.00 BREAKFAST     | 9.00 BREAKFAST     | 9.00 BREAKFAST    | 9.00 BREAKFAST   | 9.00 BREAKFAST      |  |  |
|                   | CLUB AT          |                     | 11.00 GENTLEMEN    | 11.00 WEAR IT PINK |                    |                    |                   | CLUB AT          |                     |  |  |
| 11.00 ART GROUP   | DICKENS CAFE     | 11.30 EXERCISES     | PREFER BLONDES     | COFFEE MORNING     | 10.30 ONE TO ONE   | 10.30 ONE TO ONE   | 11.00 ART GROUP   | DICKENS CAFE     | 11.30 EXERCISES     |  |  |
| HAVISHAM          | 10.30 GAMES AT   | WITH CLIVE          | CROUICH END        | DICKENS CAFE       | ACTIVITIES MENU    | ACTIVITIES MENU    | HAVISHAM          | 10.30 GAMES AT   | WITH CLIVE          |  |  |
|                   | DICKENS CAFE     | COPPERFIELD         | PICTURE HOUSE      | 13.00 LUNCH        |                    |                    | 1                 | DICKENS CAFE     | COPPERFIELD         |  |  |
| 13.00 LUNCH       | 13.00 LUNCH      | 13.00 LUNCH         | 13.00 LUNCH        |                    | 13.00 LUNCH        | 13.00 LUNCH        | 13.00 LUNCH       | 13.00 LUNCH      | 13.00 LUNCH         |  |  |
|                   | 2.00 PWH SHOP    |                     |                    | 2.30 BOWLING       |                    |                    | 3.00 NATIONAL     |                  |                     |  |  |
| 2.30 DART-AWAY    | 2.30 WHAT'S THAT | 2.30 HARINGEY CARE  | 2.30 EXERCISE WITH | HAVISHAM           | 2.30 ONE TO ONE    | 2.30 CHILLING IN   | CHOCOLATE DAY     | 2.00 PWH SHOP    | 2.30 BALLOON        |  |  |
| HAVISHAM          | TUNE             | HOMES QUIZ BEE      | SPURS - NICKLEBY   | 5.00 FISH & CHIPS  | ACTIVITIES MENU    | THE LOUNGE         | SWEET TREATS      | 2.30 DART-AWAY   | VOLLEYBALL          |  |  |
|                   | HAVISHAM         | SPRING LANE         |                    | CLUB DICKENS CAFE  |                    |                    | ALL UNITS         | HAVISHAM         | HAVISHAM            |  |  |

Thu. - 31

9.00 BREAKFAST
11.00 ABBA
CABARET SHOW
DORRIT 1
13.00 LUNCH
3.00 HAPPY BDAY
SARA
3.00 HALLOWEEN
CELEBRATIONS
ALL UNITS













