JUNE

- 5th, 12th, 19th & 26th Sarah playing her keyboard 10.30am Pickwick
- 6th, 13th, 20th & 27th Spurs Seated Exercise 3pm Nickleby
- 6th PicNic @ Markfield Park 11.30am
- 8th The Queen's Birthday
- 10th 16th Diabetes Awareness Week
- 13th Cupcake Day Coffee Morning @ Dickens Café 10.30am
- 15th SDA Church Nickleby 3-4pm
- 16th Father's Day
- 17th Dining Around the World Portuguese Evening @ Dickens Café 5.30pm
- 18th PicNic @ Forty Hall
- 22nd Stoke Newington SDA Church 2.30pm Copperfield
- 23rd Canaan Church Service 2.30pm Nickleby
- 24th Wellness Café 2–4pm Ally Pally
- 28th National Care Home Open Day

JUNE 2019 - COPPERFIELD UNIT

Sat 1	Sun 2	Mon 3	Tue 4	Wed 5	Thu 6	Fri 7	Sat 8	Sun 9	Mon 10
9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST
			CLUB AT	10.30 ONE TO ONE	10.30 PICNIC AT				
10.30 ONE TO ONE	10.30 ONE TO ONE	11:00 ONE TO ONE	DICKENS CAFE	ACTIVITIES MENU	MARKFIELD PARK	11.00 DART - AWAY	10.30 ONE TO ONE	10.30 ONE TO ONE	11.00 DESIGN YOUR
ACTIVITIES MENU	ACTIVITIES MENU	ACTIVITIES MENU	11.00 GAMES IN	11.00 SARAH & HER			ACTIVITIES MENU	ACTIVITIES MENU	OWN SANDWICH
			THE DINING ROOM	KEYBOARD	-240	1.00 LUNCH			
1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	PICKWICK			1.00 LUNCH	1.00 LUNCH	1.00 LUNCH
				1.00 LUNCH	A Control of the Cont	2.30 KARAOKE			
2.30 HAPPY	2.30 CHILLING IN	2.30 TEA & TALK	2.00 PWH SHOP		2.30 EXERCISE WITH	PARTY		2.30 CHILLING IN	2.30 TEA & TALK
BIRTHDAY	THE LOUNGE	IN THE LOUNGE	2.30 PAMPERING	2.30 FAMILY	SPURS	5.00 FISH & CHIPS	2.30 QUEEN'S	THE LOUNGE	IN THE LOUNGE
RITA				FORTUNES	NICKLEBY	CLUB-DICKENS CAFE	BIRTHDAY		
		DIABETES AW	ARENESS WEEK						
Tue 11	Wed 12	Thu 13	Fri 14	Sat 15	Sun 16	Mon 17	Tue 18	Wed 19	Thu 20
9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST
CLUB AT	10.30 ONE TO ONE	10.30 CUPCAKE DAY					CLUB AT	10.30 ONE TO ONE	
DICKENS CAFE	ACTIVITIES MENU	DICKENS CAFÉ	11.00 DART - AWAY	10.30 ONE TO ONE	10.30 HAPPY	11.00 DESIGN YOUR	DICKENS CAFE	ACTIVITIES MENU	10.30 COPPERFIELD
11.00 GAMES IN	11.00 SARAH & HER	4		ACTIVITIES MENU	FATHER'S DAY	OWN SANDWICH	10.30 PICNIC AT	11.00 SARAH & HER	CONVERSATIONS
THE DINING ROOM	KEYBOARD		1.00 LUNCH			1.00 LUNCH	FORTY HALL	KEYBOARD	
1.00 LUNCH	PICKWICK			1.00 LUNCH	1.00 LUNCH	2.30 TEA & TALK		PICKWICK	1.00 LUNCH
	1.00 LUNCH	1.00 LUNCH	2.30 KARAOKE			IN THE LOUNGE	-2 Miles	1.00 LUNCH	
2.00 PWH SHOP		2.30 EXERCISE WITH	PARTY	2.30 SDA CHURCH	2.30 CHILLING IN	5.30 PORTUGUESE	The same of the sa		2.30 EXERCISE WITH
2.30 PRISCILLA	2.30 GAMES IN THE	SPURS	5.00 FISH & CHIPS	NICKLEBY	THE LOUNGE	NIGHT	The said of	2.30 FAMILY	SPURS
PICTURES	LOUNGE	NICKLEBY	CLUB-DICKENS CAFE			DICKENS CAFE	2.00 PWH SHOP	FORTUNES	NICKLEBY
Fri 21	Sat 22	Sun 23	Mon 24	Tue 25	Wed 26	Thu 27	Fri 28	Sat 29	Sun 30
9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST		9.00 BREAKFAST	9.00 BREAKFAST
				CLUB AT	10.30 ONE TO ONE				
11.00 YOGA ON	10.30 ONE TO ONE	10.30 ONE TO ONE	11.00 DESIGN YOUR	DICKENS CAFE	ACTIVITIES MENU	10.30 COPPERFIELD		10.30 ONE TO ONE	10.30 ONE TO ONE
THE BALCONY	ACTIVITIES MENU	ACTIVITIES MENU	OWN SANDWICH	11.00 GAMES IN	11.00 SARAH & HER	CONVERSATIONS	CARL HALL	ACTIVITIES MENU	ACTIVITIES MENU
1.00 LUNCH				THE DINING ROOM	KEYBOARD		CARE HOME		
	1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	PICKWICK	1.00 LUNCH	open bau	1.00 LUNCH	1.00 LUNCH
2.30 KARAOKE					1.00 LUNCH		open buy		
PARTY	2.30 STOKE	2.30 CANAAN	2.30 WELLNESS	2.00 PWH SHOP	2.30 HAPPY	2.30 EXERCISE WITH	CADING	2.30 ONE TO ONE	2.30 CHILLING IN
5.00 FISH & CHIPS	NEWINGTON SDA	CHURCH	CAFE AT	2.30 PRISCILLA	BIRTHDAY	SPURS	CARING COMMUNITIES	ACTIVITIES MENU	THE LOUNGE
CLUB-DICKENS CAFE	CHURCH - NICKLEBY	NICKLEBY	ALLY PALLY	PICTURES	YVONNE	NICKLEBY	The state of the s		















JUNE 2019 - DORRIT UNIT

Sat 1	Sun 2	Mon 3	Tue 4	Wed 5	Thu 6	Fri 7	Sat 8	Sun 9	Mon 10
9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST
			CLUB AT	10.30 DAILY LIVING	10.30 PICNIC AT				
10.30 ONE TO ONE	10.30 ONE TO ONE	10.30 DAILY LIVING	DICKENS CAFE	ACTIVITIES	MARKFIELD PARK	11.00 WALK TO	10.30 ONE TO ONE	10.30 ONE TO ONE	10.30 DAILY LIVING
ACTIVITIES MENU	ACTIVITIES MENU	ACTIVITIES	10.30 ONE TO ONE	11.00 SARAH & HER		THE CAFE	ACTIVITIES MENU	ACTIVITIES MENU	ACTIVITIES
			ACTIVITIES MENU	KEYBOARD	-200	1.00 LUNCH			
1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	PICKWICK			1.00 LUNCH	1.00 LUNCH	1.00 LUNCH
				1.00 LUNCH	and the said	2.30 SINGALONG			
2.30 ONE TO ONE	2.30 CHILLING IN	2.30 SENSORY	2.00 PWH SHOP		2.30 EXERCISE WITH	TO THE MUSICALS		2.30 CHILLING IN	2.30 OOMPH
ACTIVITIES MENU	THE LOUNGE	RELAXATION		2.30 BALLOON	SPURS	5.00 FISH & CHIPS	2.30 QUEEN'S	THE LOUNGE	SESSION AT
			& RELAXATION	VOLLEYBALL	NICKLEBY	CLUB-DICKENS CAFE	BIRTHDAY		DORRIT
		DIABETES AW	ARENESS WEEK	10-			-1-		
Tue 11	Wed 12	Thu 13	Fri 14	Sat 15	Sun 16	Mon 17	Tue 18	Wed 19	Thu 20
9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST
CLUB AT	10.30 DAILY LIVING	10.30 CUPCAKE DAY					CLUB AT	10.30 DAILY LIVING	
DICKENS CAFE	ACTIVITIES	DICKENS CAFÉ	11.00 WALK TO	10.30 ONE TO ONE	10.30 HAPPY	10.30 DAILY LIVING	DICKENS CAFE	ACTIVITIES	10.30 DAILY LIVING
10.30 ONE TO ONE	11.00 SARAH & HER	4 4	THE CAFE	ACTIVITIES MENU	FATHER'S DAY	ACTIVITIES	10.30 PICNIC AT	11.00 SARAH & HER	ACTIVITIES
ACTIVITIES MENU	KEYBOARD		1.00 LUNCH			1.00 LUNCH	FORTY HALL	KEYBOARD	
1.00 LUNCH	PICKWICK			1.00 LUNCH	1.00 LUNCH	2.30 SENSORY		PICKWICK	1.00 LUNCH
	1.00 LUNCH	1.00 LUNCH	2.30 SINGALONG			RELAXATION		1.00 LUNCH	
2.00 PWH SHOP			TO THE MUSICALS	2.30 SDA CHURCH	2.30 CHILLING IN	5.30 PORTUGUESE	The same of the sa		2.30 NEWSPAPERS
2.30 PAMPERING	2.30 PARACHUTE	2.30 NEWSPAPERS	5.00 FISH & CHIPS	NICKLEBY	THE LOUNGE	NIGHT		2.30 BALLOON	WITH GEORGE
& RELAXATION	GAMES	WITH CLIFFORD	CLUB-DICKENS CAFE			DICKENS CAFE	2.00 PWH SHOP	VOLLEYBALL	1
Fri 21	Sat 22	Sun 23	Mon 24	Tue 25	Wed 26	Thu 27	Fri 28	Sat 29	Sun 30
9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST		9.00 BREAKFAST	9.00 BREAKFAST
				CLUB AT	10.30 ONE TO ONE				
11.00 WALK TO	10.30 ONE TO ONE	10.30 ONE TO ONE	10.30 DAILY LIVING	DICKENS CAFE	ACTIVITIES MENU	10.30 DAILY LIVING		10.30 ONE TO ONE	10.30 ONE TO ONE
THE CAFE	ACTIVITIES MENU	ACTIVITIES MENU	ACTIVITIES	10.30 ONE TO ONE	11.00 SARAH & HER	ACTIVITIES	CARE HOME	ACTIVITIES MENU	ACTIVITIES MENU
1.00 LUNCH			1.00 LUNCH	ACTIVITIES MENU	KEYBOARD		CARE HOME		
	1.00 LUNCH	1.00 LUNCH	2.30 WELLNESS	1.00 LUNCH	PICKWICK	1.00 LUNCH	open bay	1.00 LUNCH	1.00 LUNCH
2.30 SINGALONG			CAFE AT		1.00 LUNCH		open bud		
TO THE MUSICALS	2.30 STOKE	2.30 CANAAN	ALLY PALLY	2.00 PWH SHOP		2.30 NEWSPAPERS	CARING	2.30 ONE TO ONE	2.30 CHILLING IN
5.00 FISH & CHIPS	NEWINGTON SDA	CHURCH	2.30 HAPPY BDAY	2.30 PAMPERING	2.30 PARACHUTE	WITH CLIFFORD	COMMUNITIES	ACTIVITIES MENU	THE LOUNGE
CLUB-DICKENS CAFE	CHURCH - NICKLEBY	NICKLEBY	WAYNE	& RELAXATION	GAMES				















JUNE 2019 - HAVISHAM & PICKWICK UNIT

Sat 1	Sun 2	Mon 3	Tue 4	Wed 5	Thu 6	Fri 7	Sat 8	Sun 9	Mon 10
9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST
			CLUB AT	10.30 ONE TO ONE	10.30 PICNIC AT				
10.30 ONE TO ONE	10.30 ONE TO ONE	10.30 ONE TO ONE	DICKENS CAFE	ACTIVITIES MENU	MARKFIELD PARK	11.00 WALK TO	10.30 ONE TO ONE	10.30 ONE TO ONE	10.30 ONE TO ONE
ACTIVITIES MENU	ACTIVITIES MENU	ACTIVITIES MENU	10.30 QUIZ @	11.00 SARAH & HER		THE CAFE	ACTIVITIES MENU	ACTIVITIES MENU	ACTIVITIES MENU
			DICKENS CAFE	KEYBOARD		1.00 LUNCH			
1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	PICKWICK	BIENE S		1.00 LUNCH	1.00 LUNCH	1.00 LUNCH
				1.00 LUNCH	1	2.30 SINGALONG	A SA		
2.30 ONE TO ONE	2.30 CHILLING IN	2.30 GARDENING	2.00 PWH SHOP		2.30 EXERCISE WITH	DORRIT	200	2.30 CHILLING IN	2.30 GARDENING
ACTIVITIES MENU	THE LOUNGE	CLUB	2.30 PAMPERING	2.30 BOARD GAMES	SPURS	5.00 FISH & CHIPS	2.30 QUEEN'S	THE LOUNGE	CLUB
			& RELAXATION	AFTERNOON	NICKLEBY	CLUB-DICKENS CAFE	BIRTHDAY		
		DIABETES AW	ARENESS WEEK						
Tue 11	Wed 12	Thu 13	Fri 14	Sat 15	Sun 16	Mon 17	Tue 18	Wed 19	Thu 20
9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST
CLUB AT	10.30 ONE TO ONE	10.30 CUPCAKE DAY					CLUB AT	10.30 ONE TO ONE	
DICKENS CAFE	ACTIVITIES MENU	DICKENS CAFÉ	11.00 WALK TO	10.30 ONE TO ONE	10.30 HAPPY	10.30 ONE TO ONE	DICKENS CAFE	ACTIVITIES MENU	10.30 ONE TO ONE
10.30 QUIZ @	11.00 SARAH & HER	A	THE CAFE	ACTIVITIES MENU	FATHER'S DAY	ACTIVITIES MENU	10.30 PICNIC AT	11.00 SARAH & HER	ACTIVITIES MENU
DICKENS CAFE	KEYBOARD		1.00 LUNCH			1.00 LUNCH	FORTY HALL	KEYBOARD	
1.00 LUNCH	PICKWICK			1.00 LUNCH	1.00 LUNCH	2.30 GARDENING		PICKWICK	1.00 LUNCH
	1.00 LUNCH	1.00 LUNCH	2.30 SINGALONG			CLUB	- PAR	1.00 LUNCH	2.30 HAPPY BDAY
2.00 PWH SHOP		2.30 EXERCISE WITH	DORRIT	2.30 SDA CHURCH	2.30 CHILLING IN	5.30 PORTUGUESE	THE RESERVE TO SHARE		CONRAD
2.30 PAMPERING	2.30 BOARD GAMES	SPURS	5.00 FISH & CHIPS	NICKLEBY	THE LOUNGE	NIGHT	Control Diversity	2.30 SENSORY	2.30 EXERCISE WITH
& RELAXATION	AFTERNOON	NICKLEBY	CLUB-DICKENS CAFE			DICKENS CAFE	2.00 PWH SHOP	RELAXATION	SPURS-NICKLEBY
Fri 21	Sat 22	Sun 23	Mon 24	Tue 25	Wed 26	Thu 27	Fri 28	Sat 29	Sun 30
9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST		9.00 BREAKFAST	9.00 BREAKFAST
				CLUB AT	10.30 ONE TO ONE				
11.00 WALK TO	10.30 ONE TO ONE	10.30 ONE TO ONE	10.30 ONE TO ONE	DICKENS CAFE	ACTIVITIES MENU	10.30 ONE TO ONE		10.30 ONE TO ONE	10.30 ONE TO ONE
THE CAFE	ACTIVITIES MENU	ACTIVITIES MENU	ACTIVITIES MENU	10.30 QUIZ @	11.00 SARAH & HER	ACTIVITIES MENU	CARR WALLE	ACTIVITIES MENU	ACTIVITIES MENU
1.00 LUNCH				DICKENS CAFE	KEYBOARD		CARE HOME		
	1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	PICKWICK	1.00 LUNCH	open bay	1.00 LUNCH	1.00 LUNCH
2.30 HAPPY BDAY					1.00 LUNCH		open buy		
PAULETTE	2.30 STOKE	2.30 CANAAN	2.30 WELLNESS	2.00 PWH SHOP		2.30 EXERCISE WITH	CARING	2.30 ONE TO ONE	2.30 CHILLING IN
5.00 FISH & CHIPS	NEWINGTON SDA	CHURCH	CAFE AT	2.30 PAMPERING	2.30 SENSORY	SPURS	COMMUNITIES	ACTIVITIES MENU	THE LOUNGE
CLUB-DICKENS CAFE	CHURCH - NICKLEBY	NICKLEBY	ALLY PALLY	& RELAXATION	RELAXATION	NICKLEBY			















JUNE 2019 - NICKLEBY UNIT

Sat 1	Sun 2	Mon 3	Tue 4	Wed 5	Thu 6	Fri 7	Sat 8	Sun 9	Mon 10
9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST
			CLUB AT	10.30 ONE TO ONE	10.30 PICNIC AT				
10.30 ONE TO ONE	10.30 ONE TO ONE	10.30 ONE TO ONE	DICKENS CAFE	ACTIVITIES MENU	MARKFIELD PARK	11.00 WALK TO	10.30 ONE TO ONE	10.30 ONE TO ONE	10.30 ONE TO ONE
ACTIVITIES MENU	ACTIVITIES MENU	ACTIVITIES MENU	10.30 ONE TO ONE	11.00 SARAH & HER		THE CAFE	ACTIVITIES MENU	ACTIVITIES MENU	ACTIVITIES MENU
			ACTIVITIES MENU	KEYBOARD	-240	1.00 LUNCH			
1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	PICKWICK	Butter 18		1.00 LUNCH	1.00 LUNCH	1.00 LUNCH
				1.00 LUNCH	Section 1	2.30 FAMILY	c.i.		
2.30 ONE TO ONE	2.30 HAPPY	2.30 MASSAGE &	2.00 PWH SHOP		2.30 EXERCISE WITH	FORTUNES		2.30 CHURCH	2.30 DOMINOES
ACTIVITIES MENU	BIRTHDAY	AROMATHERAPY	3.00 NICKLEBY	2.30 BALLOON	SPURS	5.00 FISH & CHIPS	2.30 QUEEN'S	MUSIC WITH	WITH
	SYBIL	WITH MURNELL	ICECREAM PARLOUR	VOLLEYBALL	NICKLEBY	CLUB-DICKENS CAFE	BIRTHDAY	PAULINE	GRANVILLE
		DIABETES AW	ARENESS WEEK					•	
Tue 11	Wed 12	Thu 13	Fri 14	Sat 15	Sun 16	Mon 17	Tue 18	Wed 19	Thu 20
9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST
CLUB AT	10.30 ONE TO ONE	10.30 CUPCAKE DAY				10.30 ONE TO ONE	CLUB AT	10.30 ONE TO ONE	
DICKENS CAFE	ACTIVITIES MENU	DICKENS CAFÉ	11.00 WALK TO	10.30 ONE TO ONE	10.30 HAPPY	ACTIVITIES MENU	DICKENS CAFE	ACTIVITIES MENU	10.30 PRAYERS &
10.30 ONE TO ONE	11.00 SARAH & HER	6.8	THE CAFE	ACTIVITIES MENU	FATHER'S DAY		10.30 PICNIC AT	11.00 SARAH & HER	BIBLE READING
ACTIVITIES MENU	KEYBOARD		1.00 LUNCH			1.00 LUNCH	FORTY HALL	KEYBOARD	WITH EUPHEMIA
1.00 LUNCH	PICKWICK			1.00 LUNCH	1.00 LUNCH	2.30 HAPPY BDAY		PICKWICK	1.00 LUNCH
	1.00 LUNCH	1.00 LUNCH	2.30 FAMILY			GRANVILLE	200	1.00 LUNCH	
2.00 PWH SHOP	2.30 CUPCAKE	2.30 EXERCISE WITH	FORTUNES	2.30 SDA CHURCH	2.30 MUSIC	5.30 PORTUGUESE	Bearing.		2.30 EXERCISE WITH
2.30 PAMPERING	DECORATING WITH	SPURS	5.00 FISH & CHIPS	NICKLEBY	WITH THOMAS	NIGHT	Constitution and	2.30 BALLOON	SPURS
	KATHLEEN	NICKLEBY	CLUB-DICKENS CAFE			DICKENS CAFE	2.00 PWH SHOP	VOLLEYBALL	NICKLEBY
Fri 21	Sat 22	Sun 23	Mon 24	Tue 25	Wed 26	Thu 27	Fri 28	Sat 29	Sun 30
9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST	9.00 BREAKFAST		9.00 BREAKFAST	9.00 BREAKFAST
				CLUB AT	10.30 ONE TO ONE				
11.00 WALK TO	10.30 ONE TO ONE	10.30 ONE TO ONE	10.30 ONE TO ONE	DICKENS CAFE	ACTIVITIES MENU	10.30 ONE TO ONE		10.30 ONE TO ONE	10.30 ONE TO ONE
THE CAFE	ACTIVITIES MENU	ACTIVITIES MENU	ACTIVITIES MENU	10.30 ONE TO ONE	11.00 SARAH & HER	ACTIVITIES MENU		ACTIVITIES MENU	ACTIVITIES MENU
1.00 LUNCH				ACTIVITIES MENU	KEYBOARD		CARE HOME		
	1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	1.00 LUNCH	PICKWICK	1.00 LUNCH		1.00 LUNCH	1.00 LUNCH
2.30 KARAOKE					1.00 LUNCH		open day		
PARTY COPPERFIELD	2.30 STOKE	2.30 CANAAN	2.30 WELLNESS	2.00 PWH SHOP		2.30 EXERCISE WITH		2.30 SEATED	2.30 DARTS &
5.00 FISH & CHIPS	NEWINGTON SDA	CHURCH	CAFE AT	2.30 PAMPERING	2.30 ASIAN HIGH TEA	SPURS	CARING COMMUNITIES	TENNIS	SHANDY
CLUB-DICKENS CAFE	CHURCH - NICKLEBY	NICKLEBY	ALLY PALLY		WITH MRS. ALI	NICKLEBY	Commonnes		IN THE LOUNGE













